

Celebrating 10 Years of Professional Development



GSMC-FAIMER REGIONAL INSTITUTE
MUMBAI, INDIA.

Seth G. S. Medical College • Foundation for Advancement of International Medical Education and Research



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Our International Mentors



John J. Norcini



William P. Burdick



Page S. Morahan



Ralf Rundgren Graves



Stacey Friedman



Danette W. McKinley



Ray Wells



Ara Tekian



Janet Grant



Stewart P. Mennin



Mary Beth Scallen



Debby Diserens



Shiyao Yuan



Katherine Mason



Alberta Steans Parsons

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A Decade with GSMC FAIMER Looking Back and Looking Ahead!



GSMC FAIMER Regional Institute is starting its 10th course and it is time to celebrate ! Perhaps this is the time to look back and see what we have achieved and what we are looking forward in the coming years. Altogether 175 teachers from 7 countries have participated in this course over the past 10 years – These 175 teachers, with their commitment for cause have contributed immensely to raise the quality of regional health professions education scenario.

It all began in 2003, in a small conference room at Sugarloaf conference hall (PA,USA), where Anand Zachariah, Tejinder Singh and I discussed the idea of starting a South Asia Regional FAIMER Institute to help develop a critical perspective to health, health systems and education of health professionals. There was a need for developing a different approach for our education systems to cope up with our problems. The Institute hoped to provide a space for educators and teachers of health professionals to grow and see education as a way of addressing the country's health problems and also a way of empowering people to access health and health care. A nationwide consultation was held at Vellore in December 2004. Dr Nilima Kshirsagar, then dean of GSMC was very positive, insistent and facilitated in the starting of the first ever FAIMER regional institute at GSMC in July 2005. Over the years all deans and Directors have supported our program.

This international model of FAIMER Institute conceived by Dr Page Morahan and Dr. William Burdick, has been successful over the years. This has been due to its structure, content, progressiveness, utility and dynamic nature. The continuous engagement of participants and the impact of the projects on local communities have been tremendous. The growth of the Institute is supported by fellowship and networking which has developed bonds amongst fellows across continents. The course

not only bridges three batches of FAIMER fellows, but also enhances a period of great achievements and changes in training. GSMC developed the regional institute model that is of a shorter duration but essentially preserved all important components of the international model. Hence the regional Institute model was not only successful at

GSMC but has also been running at 7 institutes across the globe. FAIMER fellowships have help build individual careers. They have also benefitted institutes tremendously to improve health professions education of which, ultimately beneficiaries are the patients.

The success of GSMC FAIMER belongs to its dedicated faculty, coordinators, fellows, participating institutes, GSMC administration and tremendous support from FAIMER staff and faculty. There has been tremendous support from John, Bill, Ralf, Page, Janet, Debby, Tejinder, Thomas, Alberta and Katherine. I have no words to express my gratitude to all ME unit members of GSMC (Nima, Sucheta, Pritha, Shubha, Preeti, Yuvaraj, Praveen, Munira and others) as well as all other faculty members (Arun, Vivek, Payal, Rita, Henal, Anshu, Vivek, Rashmi, Ashwini, Chetna, Chinmay, Dinesh and others) who have shown constant support and commitment. Special thanks to Dipti, Sangeeta, Madhuri, Arjun and Ashwini. I cannot mention all the persons involved in this journey in this little space, but rest assured that all of you dear FAIMER family, the GSMC success belongs to all you team members. It has been a pleasurable journey for the last decade with FAIMER and I am sure it will reach higher heights in future. We look forward towards a positive academic leadership across the participating institutions through networking and mentorship.

Wishing you all best wishes on this occasion,

Love...

- *Avinash*

CELEBRATING
10
Years

Partnership is personal

William Burdick, MD, MEd. Vice President for Education, FAIMER



Ten years after the start of the Indian FAIMER Regional Institutes, it is time to reflect on the lessons we have learned. International development efforts face many challenges: alignment with local needs, persistent dependency, and development of trust. Global education development efforts are particularly challenged by underestimation of personnel effort needed, and variation in academic cultures and incentives. The FAIMER faculty development program has also faced these hazards. Our work in global capacity building, however, has taught us about using projects, building community, teaching leadership across cultures, and amplifying change through development of the field. It has also taught us about the importance of “pull,” not “push,” local capacity building to run faculty development, generosity, openness to bi-directional learning, and recognition of the partner as a person. The model we have created has proven to be an effective vehicle for strengthening education leadership, management, and methodology skills, and developing a community of educators, and for overcoming many of these challenges.

Partnerships are built on personal relationships, and personal relationships are built on trust. We work from the simple premise that we should do what we say we are going to do. The corollary to this kind of predictability is that we are carefully constrained on what we promise. Our partners are generally able to anticipate our actions and reactions.

We learned that it is worthwhile to invest in face to face communication to begin a global relationship, with follow up by almost any other means of communication. Free internet based tools like Skype have proven to be the most useful since contact can be initiated from partners with limited resources. In preparation for a new relationship, we often discuss potential relationships with others in our network to gain additional perspectives and better understand regional and cultural issues.

The most important lesson learned is to acknowledge the participant as a person. We write a lot about the patient as a person; not enough is written about the student as a person. Participants in global partnerships have stories that reveal important values, priorities and perspectives. I recently asked one of our Fellows when his family first obtained electricity at their home. "Don't ask me about electricity," he said, "ask me when I had my first pair of shoes" (answers: electricity – when he went to university, shoes - when he was 12 years old). This Fellow now has a MPHE and is the Principal of a College of Nursing. Values and priorities come into sharper focus when the back story is known.

The lessons learned in 10 years of professional development in India are to build community, and teach leadership, management and education methods using authentic local projects. Through these efforts, we have been able to maintain alignment with local needs, avoid persistent dependency, and develop trust. Global initiatives are most successfully accomplished when the energy comes from the partner seeking assistance, and generosity is the driving value. And personal stories, like those about electricity and shoes, are the glue that keeps us connected.

- Bill



William P. Burdick, M.D., M.S.Ed. is Vice President for Education at the Foundation for Advancement of International Medical Education and Research, and Co-Director of the FAIMER Institute. He is Clinical Professor of Emergency Medicine at Drexel University College of Medicine and has been recognized for teaching excellence with the Lindback Award and the Trustees' Award. A graduate of Oberlin College, Cornell University Weill School of Medicine, and University of Pennsylvania Graduate School of Education, Dr. Burdick completed training in Internal Medicine at Boston City Hospital and is certified by the American Board of Internal Medicine and the American Board of Emergency Medicine. He is a member of the Editorial Board of Education for Health, and is on the Executive Committee of The Network: Towards Unity for Health.



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प्रा.डॉ. अरुण जामकर

एम. एस., पीएच.डी. (सर्जिकल ऑन्कोलॉजी)

एफ.आय.सी.एस., एफ.एच.ए.एस., एफ.आय.ए.जी.ई.एस., फेमर फेलो

कुलगुरु



Prof. Dr. Arun Jamkar

M.S., Ph.D. (SURGICAL ONCOLOGY)

F.I.C.S., F.M.A.S., F.I.A.G.E.S., FAIMER Fellow

Vice - Chancellor

Message

It gives me immense pleasure and great joy to express my thoughts and share my reflections to celebrate the occasion of 10th anniversary of the GSMC-FAIMER Regional Institute, Mumbai.

Medical Education in India has faced many challenges in past few decades. From responsibility to create more doctors, for which more medical colleges and more teachers are required, the task of maintaining quality at all levels is Herculean. Many teachers assume more responsibility for educational planning and implementation as they move into leadership positions need to be equipped with the right skills for their roles.

At all levels, knowledge and understanding of educational principles and methodologies is an essential need. Due to the rapid expansion in number of colleges, the three National Teachers Training Centres at JIPMER Pondicherry, MAMC New Delhi and PGIMER Chandigarh were insufficient to cope up with faculty development needs for the entire country.

It is at this time, that the Foundation for Advancement of International Medical Education and Research, ECFMG, USA, selected some of us for training in education methods as well as leadership through FAIMER Institute Program at Philadelphia. Very soon, recognizing the need for expansion, FAIMER decided to start the Regional Institute in India.

Dr. Avinash Supe being one of the earliest Fellows, it was appropriate to choose GSMC, Mumbai as the first place for the same. The first programme was held in 2005, and was a memorable experience for all of us – a palpable excitement of a new programme, that had so many new things to teach is still fresh in my mind.

As GSMC Regional Institute completes 10 years, many experiences and milestones come to my mind - there were many learning experiences



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एम. एस., पीएच.डी. (सर्जिकल ऑन्कोलॉजी)

एफ.आय.सी.एस., एफ.एम.ए.एस., एफ.आय.ए.जी.ई.एस., फेयरर केलो

कुलगुरु

Prof. Dr. Arun Jamkar

M.S., Ph.D. (SURGICAL ONCOLOGY)

F.I.C.S., F.M.A.S., F.I.A.G.E.S., FAIMER Fellow

Vice - Chancellor

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in the new program leading to several modifications in the GSMC-FAIMER RI curriculum over subsequent years to fine-tune it. The success of GSMC was the driving force for FAIMER Regional Institutes in Ludhiana and Coimbatore. We all shared experiences and developed together as faculty with FAIMER supporting the skill development through annual workshops and funding for National Conference in Health Professions Education (NCHPE).

The program has made a significant impact in the region. Many FAIMER alumni have gone onto achieving leadership positions, such as Dean, Vice Chancellor and many GSMC-FRI alumni have been promoted to higher ranks. Awareness is spreading among all stakeholders about the importance of educational methodology as a science. Educational innovations are encouraged and institutionally supported. Many innovations have been published in reputed journals. MUHS Academic Council recognizes FAIMER Fellowship and we are in process of estimating the credits to be awarded to the programme. The GSMC- FRI Faculty team has also grown both in expertise, experience and has expanded to include many GSMC-FRI Alumni, who are contributing at Regional and National Level.

The transformation will continue, as the GSMC-FRI grows in the strength and expertise of its faculty and alumni and I wish the program the very best for continued success.

The "GSMC FAIMER regional Institute is contributing immensely to increase the critical mass of medical educationist in country. It is helping MUHS to complete its vision. Our vision is improve quality of medical education by these trained educationist. So that we create better trained doctors to improve quality of health care in country, in turn that will improve quality of life of common man.

Congratulations and best of luck to GSMC Faimer institute"

Prof. Dr. Arun Jamkar

10 years of GSMC FAIMER



Dear All,

Have you realized what this document signifies? It is a creation of evidence. It chronicles the change that took place in fellows from GSMC-FAIMER Regional Institute, the programme which is now 10 years old. The number of teachers who joined this programme may be few compared to the existing mass of teachers in India but it definitely is representative enough to reflect how a thoughtfully crafted programme, if appropriately implemented, can touch the lives of the people. When one flips through the pages, it is realized that the programme has contributed to the professional growth of an individual. It is also successful in creating a community of teachers who have passion and drive for health professions education. As is evident, FAIMER has taught us the power of reflection. This has helped in developing an approach to look at the issues in medical education in a different way. Almost everyone is taking a step forward to deal with them. This treatise also unfolds in front of us what the teachers wish to do in future for medical education in India in their own capacity. Thank you, Sucheta and Chinmay for this wonderful job.

I thank all the fellows of the last decade for their immense engagement and trust in the programme. While going through the journeys of so many of you, I had an opportunity to reflect on my own. What a learning opportunity this programme has provided me. I feel the programme is a magnet, through which I could bond with many of you, both academically and emotionally. It taught me to guard my self-interest and also imparted the power of forgiveness, which was lacking in me. It is gratifying to meet leaders in the educational field and treasure the droplets of wisdom which I could put into practice.

I would also like to thank the deans of our institution. In the last 10 years, our institution saw five deans. Usually such rapid change in the leadership of an institution results in a set back of the activities. But I must proudly put forth that all of them, being visionary, whole heartedly supported the GSMC-FAIMER Regional institute. Dr Nilima Kshirsagar was instrumental in its initiation. It was further nurtured by Dr ME Yeolekar, Dr SN Oak and Dr Sandhya Kamath. Dr. Shubhangi Parkar, the current Dean, is a member of ME Unit since its inception and an integral part of GSMC-FAIMER.

Dr Suhasini Nagda, a FAIMER Institute fellow, is the Director of Medical Education and Major Hospitals, Municipal Corporation of Greater Mumbai. Seth GS Medical College and KEM Hospital is one of the hospitals that come under this umbrella. As a believer in participatory leadership, Dr Nagda has facilitated nurturing of the programme in an amicable way. We thank her for the constant support

Lastly, Dr Avinash has expressed a wish that together we should strive for higher heights and positive academic leadership. Let us begin afresh for a new decade.

- Nima

FROM THE EDITORS' DESK



Commemoration of 10 years activities is a very exciting event indeed. When Dr. Avinash Supe asked us to work out an agenda for the celebrations, initially we thought we would bring out a CD with all the fellows photographs over the years. After a lot of brain storming, we decided to have a more structured approach. Why not ask the fellows what they are doing now and also find out what impact the fellowship has had on their lives, we thought. That is why we drafted those five questions to you all.

Fortunately, Arjun had everyone's email ids, 2005 onwards. A few mails bounced and we have been trying to search for the missing people ever since. We are so glad that many of you responded to our call for your reflections. Thank you to all the motivators of each batch who have made a valiant effort to locate your batch mates.

Nostalgia, coming together again is such a wonderful happening. Dear FAIMERIANS, you did that for all of us. Thank you for your support. In order to maintain uniformity in the responses, we have made a few changes in some fellow's reflections. In doing so, we hope we have not hurt your sentiments. A special thanks to Munira, Santosh Salagre, Sanjay Dandekar, Gaurang Baxi, Priti Gupta, Amol Hartalkar and Mukesh Vora, who went through each batch's details and helped us in the editing process. We also thank Arjun, Ashwini, Mr. Dharmen of Roma Printers, who helped us make this a reality.

We invited Dr. Bill Burdick and Dr. Arun Jamkar to send us their messages. In a record time of just three days, we got their messages. We are so thankful to them.

Not enough can be written about the encouragement we received from Dr Supe and Dr Rege during this journey.

We are now looking forward to further networking. Please get your fellow Fellows to use this platform to get in touch with all.

Get a colourful glimpse of your memories and let us revive them .



- Sucheta and Chinmay

Dr. Gayatri Ramanathan

GSMC FAIMER Fellow 2005

Professor of anaesthesiology

SRM Medical College Hospital &

Research Centre Potheri Chennai.

1) How has your professional journey been so far? Highlight your “AHA” moments-both professional and personal.

My professional journey is good so far. I have few publications; I have delivered talks in national conferences. I am AHA accredited BLS & ACLS instructor. I was very happy as my daughter cleared 10th with CGPA 10 score. She is working hard to get through All India premedical 2015. But the happiest moment is while taking the Art of Living Happiness program, which brings lightness and peace in life.

2) What has been the impact of the FAIMER fellowship on your career?

Although I am not very active in MET, yes it has made me a very good teacher.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

My vision is to become editor in a good journal, or at least a co editor. I am already reviewer in 2 journals. I want to be known at the national level as a good teacher, or at least in south India. Wish to be external examiner in few colleges and may be if it happens effortlessly do a Ph.D. in medical education.

4) Suggest one change you would like to see in medical education in India.

Only after attending courses like FAIMER one should be enrolled as MCI recognized teacher.

5) Give a brief message to your fellow FAIMERians.

Thanks for just being there, I faintly remember the names and teachers, you have influenced me so much!



Dr. Annamma Varghese

GSMC FAIMER Fellow 2005

Professor of Physiotherapy

K.J.Somaiya College of Physiotherapy,
Mumbai.

1) How has your professional journey been so far? Highlight your “AHA” moments-both professional and personal.

Professionally, I feel that I have gone from strength to strength. Though I had to quit my job as Principal, I have been able to grow as a teacher and better my skills here. I have also been able to perform diagnostic EMG/NC studies for which I was trained during my post graduation. I was able to inspire Supriya John to join the fellowship programme. Personally I celebrated my silver jubilee wedding anniversary last year.

2) What has been the impact of the FAIMER fellowship on your career?

It has changed my perspective regarding medical education, made me understand the importance of communication and helped me to improve my skills as an educationist which to some extent I have been able to instill in my students and colleagues as well.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

I would like to participate in the workshops on MET arranged in my college as a resource person and be more active in bringing about refinements in the physiotherapy curriculum.

4) Suggest one change you would like to see in medical education in India.

First of all I think there should be changes made in the admission process to enter the medical education domain. I would also like to see it being more practical oriented and the assessment of students being more formative in nature.

5) Give a brief message to your fellow FAIMERians.

I can only say that educating our colleagues at work and implementing all that we have learned will make a big difference in the system. If not everybody, start with the goal of inspiring one person to change.



Dr. Shashank Date

GSMC FAIMER Fellow 2005

Prof. & HOD Surgery

ACPM Medical College,

Dhule.

1) How has your professional journey been so far? Highlight your “AHA” moments-both professional and personal.

[1] Presented poster on PBL at Bangalore Conf-Jan.2007

[2] Coordinator- MEU at ACPM MC, Dhule from 2007 to 2013

[3] Organized MET Workshops in 2008, 2010

[4] Organized Research Methodology Workshop for 2.5 days in Mar.2012

[5] Attended NCHPE-SERAME Coimbatore Conference

[6] Attended workshops and MET conferences at Savangi-Meghe, Nagpur, Dhule

[7] Was instrumental in getting three of my teacher colleagues trained in MET at Savangi-Meghe.

2) What has been the impact of the FAIMER fellowship on your career?

Memories of My Training : It was sheer pleasure to plunge into something totally unknown till then. I still clearly remember the way faculty played the role of good teacher, excellent deliverer and friend-philosopher and guide. Dr. Supe, Dr. Jamkar, Dr. Saoji, Dr. Payal, Dr. Rege, Dr. Bhuiyan, Dr. Yuvraj, Dr. Dandekar and the guest facilitators were excellent indeed. Dr. Burdick and Dr. Page were equally enthusiastic in reaching to us & making difficult things easy. The contact sessions were very successful. I realize that for the faculty too it was maiden innings. I remember preparing gist of very first day's activities and presenting it on 2nd day of our course.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

To become a core medical educator.

4) Suggest one change you would like to see in medical education in India.

I realize that for the faculty too it was maiden inings. I remember preparing gist of very first day's activities and presenting it on 2nd day of our course.

5) Give a brief message to your fellow FAIMERians.

Kindly keep me posted about the proposed meet and formalities to be executed.

RALF GSMC FAIMER FASHION FOTOS





Dr. Rekha Dhamnaskar

GSMC FAIMER Fellow 2005

Professor (Addl)

Department of Biochemistry & Clinical Nutrition,
Seth G S Medical College & KEM Hospital,
Parel, Mumbai.

1) How has your professional journey been so far? Highlight your “AHA” moments-both professional and personal.

Completed my Ph.D. in 1989 from Seth G.S.Medical College & K.E.M. Hosp. In February 1990 joined T.N.Medical College as **Lecturer**, promoted as **Associate Professor** in October 2006 and was transferred back to Seth G.S.Medical College & K.E.M. Very proud moment to get back to your own institute. Recently promoted as **Prof.(Addl.)** after 24 years of service.

2) What has been the impact of the FAIMER fellowship on your career?

Very enriching experience of the course. Something very different from the routine. I had done a small project on **difficulty index** in formulating Multiple Choice Questions. So I do follow it when I set question papers for the students.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

Myself as a Professor in one of the colleges in Mumbai working towards the development of students.

4) Suggest one change you would like to see in medical education in India.

1st year M.B.B.S. course should be made of one and half year. so the basics will be clear. It should be more of clinical and skill based.

5) Give a brief message to your fellow FAIMERians.

All the medical college teachers should go through this FAIMER course. It should be made compulsory for one and all.



Dr. Milind S. Tullu

GSMC FAIMER Fellow 2005

Professor (Additional), Department of Pediatrics,

Seth G.S. Medical College & KEM Hospital,

Parel, Mumbai.

1) How has your professional journey been so far? Highlight your “AHA” moments-both professional and personal.

Received – Fellowship of the Indian Academy of Pediatrics- most satisfying moment in Professional Career. Over 200 scientific publications including research articles and book chapters. Research has been widely read and cited by more than 600 journal/ book articles. Invited faculty for 106 conferences/ workshops and in the organizing committee of more than 60 conferences/ workshops. Resource person and trainer for over 30 public health related programs. Reviewer for 33 national and international journals. Editor of 28 resource manuals and specialty issues of scientific journals. For IAP- He has been the editorial board member of the Parent Education cell, executive board member of IAP, Mumbai (for several years) and also Joint secretary of IAP, Mumbai (2008).

2) What has been the impact of the FAIMER fellowship on your career ?

I have immensely benefitted from the GSMC-FAIMER Fellowship course and its contents. It has made me better medical teacher, good manager and a sensitive human being.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

To continue to be faculty member for the MCI-MET workshops and GSMC-FAIMER regional institutes workshops. Continue as Medical teacher for undergraduate, postgraduate students and Fellowship students in the Pediatrics Department. Continue to actively present and publish in professional specialty.

4) Suggest one change you would like to see in medical education in India.

More commitment towards teaching from Medical teachers is a necessity. Also I feel that students are getting trapped in “MCQ Syndrome” and clinical understanding is taking a backseat.

5) Give a brief message to your fellow FAIMERians.

Please complete the GSMC-FAIMER course and the educational project. It will go a long way in improvising yourself as a medical teacher. I have immensely benefitted from the course and its contents. It has made me better medical teacher and a sensitive human being.



Dr. Sujata Kanhere

GSMC FAIMER Fellow 2006
Professor & Head of Unit,
In charge Pediatric Neurology,
Department of Pediatrics & Neonatology,
K.J. Somaiya Medical College,
Hospital & Research Centre, Mumbai.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal.

Professional AHA moments : Feeling good that all that I had been doing naturally as a teacher and clinician were appreciated qualities that were being taught in FAIMER as essential in medical education.

Personal AHA moments : Bringing up my 2 children, reunion after 25 years of passing MBBS in Delhi with my batch mates, celebrating my mother's 80th birthday in Lonavla with close family members recently.

I am invited as speaker at national and international conferences in Pediatrics, Neonatology, Neurology & Medical Education, as an expert for webinars and on radio and TV chat shows. I have 45 publications, two books as editor, am a peer reviewer, and on the Editorial Board of pediatric journals. Doing Faimer Fellowship has definitely helped me in all these roles.

2) What has been the impact of the FAIMER fellowship on your career?

After doing FAIMER Fellowship I have become Faculty for GSMC- FAIMER Fellowship every year since 2008 and it has been an enriching experience as every year I have learnt some more with each batch from faculty and fellows.

The main impact of FAIMER fellowship on my career has been that I reached a mentoring position by encouraging my peers and my department to emulate and grow.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

In my own Profession :In the next 5-8 years I see myself

1.As HOD of a department of Pediatrics. 2.Making the Pediatric Neurology division, which I head, into a state-of-the-art centre of excellence for patient care, education and research. In medical education: to play a role in policy and decision making.

4) Suggest one change you would like to see in medical education in India.

There should be consistency in the design and implementation of the MBBS course, internship, rural posting/ bond and the postgraduate entrance exam, focusing on empowering the student for improving patient care. This will result in improvement in the standard of medical care in India. Frequent changes have created uncertainty and shifted the emphasis from knowledge, skills and attitude to attendance and marks.

5) Give a brief message to your fellow FAIMERians.

“ Keep up the good work !”



Dr. Rashmi Kusurkar

GSMC FAIMER Fellow 2006

Asstt. Professor & Head,

Research in Education,

VUmc School of Medical Sciences,

Amsterdam, Netherlands.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal.

My first teaching experience was my first “AHA” moment in my professional life. Teaching fills me with new inspiration and energy. My second “AHA” moment came when I followed the GSMC-FAIMER fellowship. My next “AHA” moments came when I conducted faculty training for MET Cell, GSMC and then MUHS Nashik. Another “AHA” moment came when I published my first paper in medical education, then my PhD defense and then when I joined VUmc as the head of research in education.

I must say that I have learnt much more from my “ouch” moments in my professional life than my “AHA” moments. I believe that “ouch” moments are essential to keep one's feet firmly grounded in life.

2) What has been the impact of the FAIMER fellowship on your career ?

The FAIMER fellowship provided me with a platform to secure a position in medical education in Europe. I will always be thankful to FAIMER for this boost in my career. I would like to acknowledge the following people connected with FAIMER for their support in my professional life: Prof DrAvinashSupe, Prof DrNirmalaRege and DrWilliam Burdick. Avinash sir has been my mentor in India and has always been encouraging and supportive. Nima madam gave me opportunities to conduct faculty trainings in GSMC and MUHS Nashik. This experience was invaluable for me.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

Medical education is my profession now. Research on medical education and motivation in education has become my passion now. I plan to do further research to get a deeper insight into motivation and hope to become a globally acknowledged expert on this topic. I see my research group on motivation growing into a strong and respected group. I hope to become a professor in the next 8 years. This will help me to create a greater impact of my research on global medical education. I hope to convince more and more people in medical education about giving importance to stimulating intrinsic motivation of students.

4) Suggest one change you would like to see in medical education in India.

I would be glad to see competency-based medical education in India.

5) Give a brief message to your fellow FAIMERians.

“Be proud of belonging to the FAIMER family. Inspire as many colleagues as possible to Join the development of medical education started by FAIMER.”



Dr. N. Saileshwar

GSMC FAIMER Fellow 2006

Professor & Head Department of Surgery,
Vice-Dean Rajiv Gandhi Medical College
& Chhatrapati Shivaji Maharaj Hospital,
Kalwa, Thane.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal.

On the professional front I have been quite active & successful. Apart from my love of teaching students in College which I have been pursuing I have also been active in various professional bodies of surgeons. I have been Hon. Treasurer & then Hon Secretary, of the International College of Surgeons, Indian Section from 2005-2010 and now am the Vice-President West Zone till 2014. I was also the President of The Surgical Society Thane. Recently was Co Org. Chairman & conducted the annual conference of Maharashtra chapter of Surgeons of India at Thane. On the personal front I have enjoyed my social activities of free medical camps in villages in Gujarat three to four times in a year & also for the “Varkaris” every year during their Pandharpur Yatra.

2) What has been the impact of the FAIMER fellowship on your career?

FAIMER has helped me change my attitude towards teaching & made me more responsible towards the students. It has made me improve my teaching methods. It has also made me more active in the Medical Education Technology Cell of the college.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

In the next few years I hope to improve my department & the institute as a whole. I would like to see that all our staff members are trained in Medical education technology & hope to make our institute one of the training centres for the region.

4) Suggest one change you would like to see in medical education in India.

I would like to suggest bringing about changes in the medical curriculum by including integrated teaching at various levels & also clinically oriented or problem base learning.

5) Give a brief message to your fellow FAIMERians.

Finally I would like all FAIMERians to work sincerely, enjoy life & generally be happy so that they are successful in whatever they pursue.



Dr Henal R. Shah

GSMC FAIMER Fellow 2006

Professor (Additional)

Department of Psychiatry

T. N. Medical College & BYL Nair Hospital,
Mumbai.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal.

Life has been a great journey with many ups and downs but overall a very rewarding one. I guess the personal aha moments have been shared in my relationship with Rakesh , my husband and Yajas and Bhumika, my children. The first professional aha moment was after joining psychiatry and realizing that this is what I want to do for the rest of my life! The next was my journey in medical education. Joining GSMC FRI was an experience which both elevated and challenged me, personally and professionally. It opened new doors of thinking, dreaming and being. It also awakened in me to strive further and has led to my doing the fellowship at the Philadelphia Institute and my Masters in Health Professional Education. (MHPE) Presenting my thesis in GSMC FRI was another wonderful and befitting moment. It was an honour to be presenting in the gathering of the FAIMER family where this journey started and was supported throughout.

2) What has been the impact of the FAIMER fellowship on your career?

Professionally I believe the impact of FAIMER has been far reaching and not easily quantifiable. It has changed some ways of my thinking, made me realize my strengths and weaknesses, enlightened me on how to be a more efficient team player and a leader. It has also given me different lenses of perception and made appreciate and learn to accept and thrive in diversity. All this has translated in my being more proficient in my field of psychiatry.

It has also armed me with so many ways of improving learning in my students and which has been appreciated by them.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

Over the next few years I am hoping to work more in the field of child psychiatry. As far as medical education is concerned I am sure I will be contributing to this field actively, in my institute, FAIMER and other avenues. I also believe that I will be doing more scholarly work in this field.

4) Suggest one change you would like to see in medical education in India.

One important change in our system is one which I believe will improve quality and ensure some minimum standards across our country is to have a better assessment system.

5) Give a brief message to your fellow FAIMERians.

For my fellow Faimerians, this is a family that has been bestowed on you when you joined FAIMER and which will allow be there for you. FAIMER gives you the wings, the impetus to fly and also opens pathways to explore. Eventually what we do with it is our call.



Dr. Surekha Sanjiv Shinde

GSMC FAIMER Fellow 2006

Associate Professor

Dept. of Anaesthesia and Critical Care

BJMC and Sassoon General Hospital,

Pune.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal.

I have been regularly delighted, both professionally and personally when post-graduate students under my tutelage, have received national and international recognition in the field of anaesthesia. Some “AHA” moments were when I received the KOPS award for neuroanaesthesia at the national conference, and when my poster on the FAIMER Project won “Best Poster” at the state conference.

Moreover, I have been fortunate enough to witness my two daughters trying to achieve their own ambitions, and being a mother while also ensuring that I try and be a role model to them, gives me a unique sense of fulfillment.

2) What has been the impact of the FAIMER fellowship on your career?

The FAIMER fellowship has not only made me a better academician but also a better human being. As a result of FAIMER, I actively participate in the MET Cell at my institute. Owing to my expertise in MET, I also get invitations to conduct workshops in various colleges across Maharashtra, as faculty for MET and research methodology. I am also an examiner for the diploma in medical education.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

In the near future, I see myself hopefully in a position wherein I can implement certain crucial structural and organic changes in post graduate medical education. I wish to contribute by making the teaching and learning process more interactive, creative.

4) Suggest one change you would like to see in medical education in India.

An important reform I would like to see in medical education in India is an objective examination system. There is a need for maximum horizontal and vertical integration in most subjects.

5) Give a brief message to your fellow FAIMERians.

Personally, FAIMER feels like a global family, connected by the common purpose of improving the state of medical education across the world. FAIMER has equipped us with a vast array of skills to be efficient academicians, while also contributing to our individual grooming. I am grateful to have been part of this wonderful initiative, and I pray that each of us continues to take this institution from strength to strength, so that together we can create a change for the better.



Dr Ashwini V Karve

GSMC FAIMER Fellow 2006

Assistant Professor

Dept of Pharmacology

TNMC & BYL Nair Ch Hospital, Mumbai

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal.

My professional journey has been full of ups and downs. I was delighted when I got an invitation to join the esteemed faculty of GSMC FAIMER in 2008. Since then I have been associated with GSMC FAIMER as a faculty. It gives me an opportunity to interact and exchange ideas with growing FAIMER family. And thus I feel joining GSMC FAIMER as a faculty is the AHA moment of my professional life. At personal level I was always passionate about dance and was extremely thrilled when I got to join the dance class and could pursue my passion.

2) What has been the impact of the FAIMER fellowship on your career?

FAIMER fellowship has a great impact on my professional life. It opened a new window in my carrier. I could interact with many international speakers and that taught me the art of presentation, way to conduct yourself in front of the audience and gave me immense confidence as a teacher and presenter.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education ?

I continue to teach UG and PG students and also in the process learnt a lot from them. Hope to have to responsibilities in the department. I hope to do some meaningful research in the field of medical education and of course continue my association with FAIMER as a faculty.

4) Suggest one change you would like to see in medical education in India.

The one important change I feel is that our teaching methods, assessment and clinical practice as a doctor should be linked. We should move from theoretical teaching to more clinical and skill based teaching and the same should be reflected in the assessment.

5) Give a brief message to your fellow FAIMERians.

Fellows, FAIMER is all about Friendship, Association, Interest, Mentoring, Enrich Experiences and Rewards. Hence work sincerely and passionately towards your goal and the success will be all yours.



Dr Smita Singh

GSMC FAIMER Fellow 2007

Professor, Department of Ophthalmology

Mahatma Gandhi Institute of Medical Sciences,

Sevagram, Wardha, Maharashtra 442102

Member MET Unit, MGIMS

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal.

One AHA moment personally and professionally, was introducing the Refractive Surgery(LASIK) unit at our Department and believe me it is definitely a gratifying experience to be able to help youngsters in this part of the globe to throw off their glasses at such nominal cost. The patient reading unaided 6/6 or even 6/4 after surgery is a unique moment for the patient and me. Now even my students are coming for refractive surgery ! Another AHA moment was being called as Faculty at GSMC Regional institute in 2009!

2) What has been the impact of the FAIMER fellowship on your career ?

FAIMER has turned the direction of my career from being simply satisfied with what I do to becoming a professional and perfectionist in whatever I do. During the fellowship, I was inducted into the MET unit and we all helped it to evolve. The fellowship gave me recognition and skills which helped me evolve as a teacher, administrator & counsellor. I was even called by MCI as subject expert to help plan a competency based curriculum for Ophthalmology. After FAIMER, I have started doing collaborative research with other departments and published many papers.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

Next few years, I wish to evolve and become a stalwart in the field of refractive surgery. I am evolving a different approach for this surgery in the rural areas.

Will help in organising NCHPE2014.

Will do research in the field of medical research especially teaching and assessment of surgical skills. Plan to publish in the field of medical education too.

Take up cause of competency based UG curriculum

4) Suggest one change you would like to see in medical education in India.

Competency based education for our graduates. Uniformity in training and assessment for postgraduates.

5) Give a brief message to your fellow FAIMERians.

FAIMER is like a family from which you can ask for ,give and get help. The network and atmosphere it has built up in India has changed teaching in India tremendously in the last decade, all for the better. We all have to work together for improving the scenario ourselves instead of blaming the system. FAIMER has brought all of us together.



Dr Vandana Jain

GSMC FAIMER Fellow 2007

Additional Professor,
Division of Pediatric Endocrinology,
Department of Pediatrics,
All India Institute of Medical Sciences,
New Delhi.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal.

The journey has been good so far. AHA moments were my two promotions, winning the Lawson Wilkins Pediatric Endocrine Society award for three month fellowship in pediatric endocrinology at Michigan University in 2008, and getting a research grant each from DBT and ICMR in 2012.

2) What has been the impact of the FAIMER fellowship on your career ?

It has helped me in becoming a better teacher. I'm also in-charge of UG teaching in Pediatrics, and I feel that my FAIMER training has helped me in honing my teaching-learning skills.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

As a professor and clinician-scientist, hopefully running a DM course in Pediatric Endocrinology.

4) Suggest one change you would like to see in medical education in India.

In clinical teaching, more use of case based in-depth discussions and combined seminars for both UG and PG teaching.

Assessment in clinical subjects for MD students should be based on summation of 5-6 assessments conducted over the 3-year duration, rather than chiefly on one exam at the end of 3 years

5) Give a brief message to your fellow FAIMERians.

Be passionate towards your work, believe in the importance of what you are doing and give it your best !



Dr. Vishalakshi Viswanth

GSMC FAIMER 2007

Associate Professor and Head of Dept.

Department of Dermatology,

Rajiv Gandhi Medical College & CSMH, Kalwa,

Thane Municipal Corporation,

Maharashtra.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal.

Professional achievements- (Lots of AHA moments): Chief Editor: IADVL Concise Textbook of Dermatology, Wiley Blackwell Publishers, Project Coordinator: IADVL Digital Lecture Series (Undergraduate level: 2007-09), Currently- editing a book- Cosmetic Dermatology- A practical and evidence based approach. I am also ME cell Co-ordinator and In charge, RGMC (from March 2014) & Ethics Committee Member, RGMC.

Personal achievements: (AHA moments): I have a supportive and great spouse; we are very different, but share a lot of common passions especially travel and reading. It feels proud to be a mother to my two kids – 18 year old daughter and 14 year old son (currently in X class) , my daughter was 4th in merit list JEE main for architecture and has secured admission at Rachana Sansad, Mumbai. She has also excelled in sports- represented the country in basketball.

2) What has been the impact of the FAIMER fellowship on your career?

FAIMER fellowship has been one amongst the most cherished journey in my professional career. It made me understand my networking capabilities and recognise my hidden talents. It made me understand the impact of mentorship and team work in an organization/ institute, department and even in personal relationships. It has helped me manage my time effectively and thus forge ahead in my career.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

I hope to continue to serve my patients and students to the best of my capabilities. I hope to improve the medical education system in my institute foremost- will need a lot of help from fellow fairerians and alleviate the role of dermatology in the undergraduate curriculum.

4) Suggest one change you would like to see in medical education in India.

One change that I would like to see in medical education in India is faster implementation.

5) Give a brief message to your fellow FAIMERians.

It has been a pleasure to be a part of the FAIMER family and would like to attend and interact with all of you at the 10th GSMC celebrations. Though many of us may or may not be connected - the FAIMER family will always be intellectually and emotionally connected. Wishing you success and happiness in all your ventures!!

RALF FAIMER FASHION FOTOS





Dr. Sunanda Nitish Kirtikar

GSMC FAIMER Fellow 2007

Associate Professor,
Dept. of Physiology,
Seth G.S.M.C. & KEM Hospital,
Mumbai- 400012.

1) How has your professional journey been so far ? Highlight your “AHA” moments- both professional and personal.

My AHA moment is to become part of this illustrious GSMC-FAIMER family.

2) What has been the impact of the FAIMER fellowship on your career ?

This fellowship has indeed accorded me with a new insight into the daily routine of under graduate & post graduate teaching. My FAIMER project has been successfully incorporated into the routine teaching of the first MBBS & First year Occupation therapy & Physiotherapy students; they now get to watch the video recordings of Frog dissections (the nerve muscle preparation & the heart & the vagi) instead of having to imagine things as we teach them.

Incorporating small group teachings, preparation of MCQs with awareness of the technique rather than strong subject knowledge alone to guide us, setting structured question papers, effective & judicious use of Power point & black board, communications with my students, use of adult learning techniques are just some of the areas of my work life I'm grateful to FAIMER for enriching.

I appreciate the methodical approach that these techniques have brought in my working life. Being a FAIMER fellow has definitely contributed significantly to my growth as a medical teacher & added to my job satisfaction not to mention the friendships it has enabled me to nurture.

3) Give a brief message to your fellow FAIMERians.

Best of Luck to all Fellows for their future.





Dr. Sarmishtha Ghosh

GSMC FAIMER Fellow 2007

Professor and Head, Department of Physiology,
Faculty of Medicine, MAHSA University,
Kuala Lumpur, Malaysia.

1) How has your professional journey been so far ? Highlight your “AHA” moments- both professional and personal.

I was promoted to Associate Professor within six months after joining PSMC, Karamsad. That was my first “AHA” moment. The then Dean Dr. Nivedita Desai called me and asked me to put up my application and I was successful in the interview. Since then, I had been there until I again shifted to Malaysia to join my current institute in January, 2008. Since then, I am progressing successfully in my career and I am very happy to have contributed whatever I am able to. My “AHA” moments :

2001 – awarded the Young Scientist Award by IUPS-2001, attended the conference in New Zealand.

2007 - application got selected for FAIMER-GSMC.

2011- My FAIMER project paper shortlisted for The IMU-Ron Harden Innovation in Medical Education Award ,IMEC, International Medical University, Kuala Lumpur.

2) What has been the impact of the FAIMER fellowship on your career ?

FAIMER introduced me to the details of medical education. After completing FAIMER, I understood the importance of medical education, theories of pedagogy to improve quality of teaching, group dynamics and personal development and became confident in dealing with issues regarding medical education.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education ?

Well, I have achieved almost everything by now.

In the next 2 years, I would like to do a Masters degree in Medical Education and become the Head of medical Education in my current University or any other University in India or abroad.

In the next 8 years I am looking forward to lead a comfortable retired life.

4) Suggest one change you would like to see in medical education in India.

Revamping of the medical curriculum following the SPICES model with a countrywide standardized entry and exit examination.

5) Give a brief message to your fellow FAIMERians.

FAIMER training is a wonderful experience.



Dr. Praveen Iyer

GSMC FAIMER Fellow 2007

Associate Professor of Anatomy,
Seth G S Medical College & KEM Hospital,
Parel, Mumbai.

1) How has your professional journey been so far ? Highlight your “AHA” moments- both professional and personal.

After completion of the fellowship, I presented my FAIMER project at the 56th National Conference of the Anatomical Society of India in 2008 and the National Conference on Health Professionals' Education in 2009. It was very well received. I became a member of my institution's medical education unit (MEU). I am now a faculty member at GSMC-FRI and also the GSMC KEMH MCI Regional Centre for Faculty Development. In 2012, I represented GSMC FAIMER at the FAIMER Philadelphia Institute as a Regional Institute Faculty. From being actively involved in conducting certificate courses of our MEU and faculty development programmes, to being guest faculty at other institutes, FAIMER has given me the opportunity to grow in stature.

2) What has been the impact of the FAIMER fellowship on your career?

The FAIMER fellowship has had a direct influence on my career in medical education. The fellowship has changed me in several ways. I have imbibed leadership skills and have developed good networking skills. I have developed a different perspective on medical education. My attitude toward my colleagues has become better. I am also now more comfortable in resolving conflicts, in both my professional and personal life.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education ?

In the coming years, I expect to contribute more and more to my subject and advances in medical education, learning new things and imparting training to many faculty members across India through various faculty development programmes.

4) Suggest one change you would like to see in medical education in India.

The one change that I wish to see in medical education in India is that the skills of teaching in a medical teacher should be valued more than the skills of research (which currently is more valued).

5) Give a brief message to your fellow FAIMERians.

I wish my fellow FAIMERIANS great success in life and am sure that with like-minded people like us, we can bring the desired change in medical education in India so that the health of the society at large is improved tremendously.



Dr. Hemant Damle

GSMC FAIMER Fellow 2007
Professor and Head of Unit,
Department of Obs/Gyn,
SKN Medical College, Pune.

1) How has your professional journey been so far ? Highlight your “AHA” moments- both professional and personal.

Good Conducting MOODLE workshops at different places.

2) Where do you see yourself in the next 5-8 years in your own profession and in medical education ?

Head of MET

3) Suggest one change you would like to see in medical education in India.

Medical education more affordable

4) Give a brief message to your fellow FAIMERians.

Just Do It





Dr. Uday Shankar Singh

GSMC FAIMER Fellow 2008

Professor of Community medicine

Pramukhswami Medical College,

Karamsad, Gujarat.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal.

My professional journey is absolutely fantastic and always trying for excellence. For "AHA" moment, I would say there are many but important is to become part of Medical education Team and identified as MCI observer for MET from my institution which is a MCI regional centre for MET. At personal front felt satisfied with the performance of my son who clears JEE Mains entrance and got admission in SVNIT, Surat in the year 2013.

2) What has been the impact of the FAIMER fellowship on your career?

There is a big impact of the FAIMER fellowship in my career as it made my approach very professional in teaching learning and assessment.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

I am now heading my department and having a responsibility to uplift many things linked for betterment of medical education and for healthy community. I wish to do so much in next 5-8 years, which not only provide benefits to the students in terms of better education but also improves the quality of life of people around. I want to contribute at higher level of medical body to decide a better teaching training approach which can decide the better future of my subject.

4) Suggest one change you would like to see in medical education in India.

Make it competency based so that we have better quality doctors who can function as basic doctor in the community effectively.

5) Give a brief message to your fellow FAIMERians.

Do not underestimate your potentials and believe that you are the one who has to change the health scenario of our country positively. So always learn a new and better solution for a problem faced and come-out victorious. It is possible with innovations and positive thinking.



Dr. Ajita Nayak

GSMC FAIMER Fellow 2008

Professor and Head of Unit,
Department of Psychiatry,
Seth. G S Medical College
& KEM Hospital, Mumbai.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal.

Successfully treating patients with resistant psychiatric illnesses. Becoming a postgraduate teacher. Successfully completing the FAIMER fellowship. Being elected as the President of Bombay Psychiatric Society. Personally my latest “AHA” moment was connecting with friends and family through newer applications on my mobile phone.

2) What has been the impact of the FAIMER fellowship on your career?

The FAIMER fellowship has made me a better teacher and a mentor. It has introduced me to other professionals working in the field of medical education. This has promoted interactions and learning. It has resulted in initiation of research in medical education in psychiatry. I am now a faculty on the medical education cell of KEM Hospital. It has also helped me increase my knowledge about research methodology . FAIMER fellowship has also improved my skills in project planning and implementation.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

In the next 5-8 years I see myself achieving further goals in psychiatry. Initiating specialized services for patients. Participating in promoting awareness and policy making on regional and national level. Conducting and publishing research and projects in both psychiatry and in medical education. Implementing newer teaching techniques in undergraduate and postgraduate training and assessment.

4) Suggest one change you would like to see in medical education in India.

More emphasis on small group teaching and case based learning.

5) Give a brief message to your fellow FAIMERians.

I am very grateful for all the guidance and encouragement I have always received from my fellow FAIMERians. I will always cherish this experience. We should all work towards developing and researching newer techniques in medical education. We should also spread awareness and generate interest among the newer generation of medical teachers about medical education.



Dr. Varsha Phadke

GSMC FAIMER Fellow 2008

Professor and Head,
Department of Pediatrics & Neonatology,
K.J.Somaiya Medical College,
Sion, Mumbai 22.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal.

I joined K.J.Somaiya Medical College as Assistant Professor and I have been a part of the Pediatric department since its inception. I was given the charge as Head of the department 4 years back. I was awarded IAP fellowship in Pediatric Nephrology and started Pediatric Nephrology clinic at my institution. I am founder member of 'Kidney Foundation for Children' which was established in 2013 to help pediatric patients with kidney diseases.

AHA moments- Our department was the first department from our institution to co-host a National Conference (CHILDNEUROCON in 2011).

2) What has been the impact of the FAIMER fellowship on your career?

I became member of Medical Education Technology Cell at my institute & faculty for MCI recognized Basic course. FAIMER fellowship broadened my horizons and gave me an opportunity to interact with experts in the field while working as faculty at the GSMC course.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

I wish to develop my department so that it is one of the best for teaching as well as patient care. I wish to introduce newer developments in teaching methodologies, assessment and research in my institution. I also wish to work for underprivileged children in the community.

4) Suggest one change you would like to see in medical education in India.

There should be more interactive and skill based training.

5) Give a brief message to your fellow FAIMERians.

Be positive. Help others to progress- you will automatically progress!

We all are very lucky to be a part of FAIMER family.



Dr. Shruti Mohanty

GSMC FAIMER Fellow 2008

Incharge Principal,

Professor & Head, Biochemistry

KIMS, Narketpally, Dist. NALGONDA,

Andhra Pradesh, INDIA.

1) How has your professional journey been so far ? Highlight your “AHA” moments- both professional and personal.

The “AHA” moment is being awarded the ‘Best teacher award’ in our institution.

2) What has been the impact of the FAIMER fellowship on your career?

FAIMER fellowship has played an important role in shaping my career in aspects of teaching and learning, interpersonal relationships, administrative abilities and above all research and guide ship. The present recognition and position is truly attributed to FAIMER in helping me to recognize my potentials and overcome the limitations.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education ?

As an active and dedicated member in promoting meaningful and smart teaching to fellow faculty.

4) Suggest one change you would like to see in medical education in India.

Improve the quality of medical education by emphasizing on knowing the concepts, skills and knowledge by introducing modular learning at entry level with early clinical exposure.

5) Give a brief message to your fellow FAIMERians.

Knowing is not enough, one must share, do and act.



Dr. Hemangini K. Shah

GSMC FAIMER Fellow 2008

Professor, Community Medicine,
Goa Medical College, GOA.

1) How has your professional journey been so far ? Highlight your “AHA” moments- both professional and personal.

During the FAIMER Fellowship, realizing that there is a whole new field of Medical Education out there which I could connect to, besides my own specialty of Community Medicine. When the books authored by my son Aumkar, titled "The Magical Newspaper and other stories and my husband Kishore, titled "364 days of Transformation" were released

2) What has been the impact of the FAIMER fellowship on your career?

It enabled me to initiate the Basic Course in Medical Education Technologies at my institute. in Goa Medical College, even before it was made mandatory by MCI. I Was appointed as Secretary, Medical Education Cell.

My mentorship sessions, equipped me with the skills of mentoring my Post graduate students as a Post Graduate Teacher / Guide and my Undergraduate students as guide for Research studies under STS Program, ICMR.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education ?

- * In my profession, establishing and looking after a central research unit
- * I hope to work as coordinator and make Goa Medical College a regional center .

4) Suggest one change you would like to see in medical education in India.

More accountability at all levels

5) Give a brief message to your fellow FAIMERians.

Strive towards small changes and keep the enthusiasm and efforts alive always



Dr. Vinod Pallath

GSMC FAIMER Fellow 2008
Assistant Professor, Microbiology,
Melaka Manipal Medical College,
Manipal University, Manipal.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal.

My professional journey has been highly enriching. Along with my advancement in my current job profile, I also got opportunities to be faculty and faculty advisor in GSMC Mumbai and CMCL Ludhiana FAIMER regional institutes.

2) What has been the impact of the FAIMER fellowship on your career?

My awareness regarding my strengths and needs in my career improved. My confidence as an educator and medical teacher increased many fold. The experience liberated my thought process to believe in empowering people for developing and sustaining positive changes.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

I see myself functioning more effectively in every role in the field of medical education. I would like to contribute in the field of medical education as a resource person and an active researcher in national and international level. In my profession of being a microbiology educator, I will be contributing more actively in the field of research as a recognized guide for Ph.D programme of Manipal University.

4) Suggest one change you would like to see in medical education in India.

I would like to see more stringent guidelines in ensuring the delivery of quality medical education across different medical schools of the country.

5) Give a brief message to your fellow FAIMERians.

Respect the student and you will create the best possible learning environment.



Dr. Chinmay Shah

GSMC FAIMER Fellow 2008
Associate Professor, Physiology
Deputy Coordinator MET Cell
Government Medical College
Bhavnagar, Gujarat, India.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal.

My “AHA” moment started with phone call of Supe sir informing selection for Fellowship in 2008. I was invited as Faculty at GSMC FAIMER institute 2011. My personal “AHA” moment was invitation as Gujarat Public Service Commission advisor in 2012. I was given responsibility of e-learning lab, MCQ lab at our institute.

2) What has been the impact of the FAIMER fellowship on your career?

It was only after FAIMER who transformed me from simple teacher to facilitator, After FAIMER fellowship I received recognition in my college and other colleges of Gujarat. FAIMER has change the way we learn and teach. I was able to convert 'static' MEU in to 'Dynamic' MEU. Networking of FAIMER has helped us lot to learn from distance from different Faculty and Fellow of FAIMER. FAIMER has given me global recognition in Medical Education. I was invited as National Faculty in NCHPE 2011 and NCHPE 2013. FAIMER has taught us how to do research in Medical Education.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

In coming years I would like to be promoted as Professor and would like to establish sleep lab at our institute. We would like to start MHPE course at our University. I would like to see fully functional e-learning lab, MCQ Lab and functional LMS at our institute.

4) Suggest one change you would like to see in medical education in India.

Stop payment seat in Medical Studies and Improve professionalism among medical fraternity.

5) Give a brief message to your fellow FAIMERians.

Respect teaching, teaching will respect you, Be positive. Share your learning with others.



Dr. Munira Hirani

GSMC FAIMER Fellow 2008

Associate Professor in Physiology,

Seth G.S. Medical College & K.E.M. Hospital.

Mumbai.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal.

Professionally I have moved a step forward after I joined FAIMER in 2008. I was promoted to Associate professor in 2009. I was involved in organising the NCHPE 2013 and thoroughly enjoyed the rich experiences and interactions that resulted. My visit to FAIMER – Philadelphia as a regional institute faculty last year was one of the highlights of this professional journey.

On a personal front my planning and organisational abilities have been appreciated. So have my efforts and skills to better medical education in my own department. Though change is difficult to bring about the use of change management skills have helped ease the path.

2) What has been the impact of the FAIMER fellowship on your career?

Change is inevitable. FAIMER has a big hand in changing me on different fronts. The most important things were the experiences we shared – with other fellows and with the committed faculty. Meeting people from different walks of life on this platform, as equals, created bonds which are strong even after all these years. I had the opportunity to observe closely and interact with many faculty members, whom I now consider as my role models. On the personal front I think, this has helped me become a better person. The trust shown in me by the senior faculty members has made me challenge myself and do things which I may not have ventured into on my own.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

I am hoping to do my masters or PhD in Medical education.

4) Suggest one change you would like to see in medical education in India.

In India I hope there is more standardisation in all aspects of medical education, mainly the assessment.

5) Give a brief message to your fellow FAIMERians.

Being a FAIMERian means a lifelong commitment and in return, an offer of lifelong support. I wish all a happy fulfilling career.



Dr. Madhuri Kate

GSMC FAIMER Fellow 2008

Prof & HOD - Department of Pathology,

Coordinator of MEU, at ESI-PGIMSIR &

Model Hospital, Andheri East, Mumbai.

1) How has your professional journey been so far ? Highlight your “AHA” moments- both professional and personal.

My professional journey has been very satisfying as it is full of enriching experiences & learnings on a day-to-day basis. 'AHA' moments professionally has undoubtedly been getting the prestigious FAIMER Fellowship and enhancement of personal prestige amongst my colleagues and joining ESI PGIMSIR as Professor & HOD Pathology. As coordinator of MEU I was given the opportunity to conduct the first Research Methodology Workshop at our institute in 2011 & 2012 for our PG students & faculty. Personally the real AHA moment has been a chance meeting Dr Vinay Kumar, the co-author of Robin's Basic Pathology' which is like a B Pathologists.

2) What has been the impact of the FAIMER fellowship on your career?

FAIMER fellowship has had a deep impact on my career. It has opened up many avenues in the field of Medical Education. It has given me new insights in the educational research which can lead to improved health-care policies and changes in Medical Education. I have been nominated coordinator of MEU in my institute and I conduct regular monthly meetings in the above capacity.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education ?

In the next 5-8 years, I see myself shouldering more responsibilities at the institute level. I would like to see our institute recognized by MCI as a Regional MET Center.

4) Suggest one change you would like to see in medical education in India.

I feel medical education in India is undergoing dynamic changes. I would like the curriculum to be more need-based & application oriented

5) Give a brief message to your fellow FAIMERians.

I feel medical education in India is undergoing dynamic changes. I would like the curriculum to be more need-based & application oriented.



Dr. Yuvraj Bhosale

GSMC FAIMER Fellow 2008

Additional professor, Anatomy Department

Seth GS Medical College

Mumbai

1) How has your professional journey been so far ? Highlight your “AHA” moments- both professional and personal.

Great. AHA - visit to FAIMER - too good.

2) What has been the impact of the FAIMER fellowship on your career?

Learn to manage conflicts and change.

3) Suggest one change you would like to see in medical education in India.

Teachers behaving nicely with students.

4) Give a brief message to your fellow FAIMERians.

Love your students the way you love your children. Then they will understand what you are teaching.





Dr. Ipseeta Ray

GSMC FAIMER Fellow 2009
Professor, Dept of Pharmacology,
MGM Medical College, Kamothe,
Navi Mumbai, 410209

1) How has your professional journey been so far ? Highlight your “AHA” moments- both professional and personal.

Professionally it has been more and more academic responsibilities. Appointed as member: Board of Studies, Academic Council, Research and Recognition Committee and Institutional Ethics Committee. Post my completion of FAIMER, inducted in the Institutional MET Cell. Got promoted as Professor in Oct 2013, published around eleven papers post 2009 and became PhD Guide for the first time. Each responsibility has been a learning experience for me.

Blessed to see my children share the stage with the living legend Birju Maharaj (daughter while performing Kathak and son playing tabla).

2) What has been the impact of the FAIMER fellowship on your career?

I have learnt that teaching is not just about saying the right things but saying it in the right way at the right time to the right person. Individualization and variations are the key... sometimes experimentation works ..sometimes it doesn't work but consistency and sincere efforts do pay off in the long run.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

Hope to be able to contribute more to teaching, learn the intricacies of my subject and develop myself more professionally. I have defined my research interests ...now need to consolidate on them...get more Projects and do meaningful studies with a wider clinical application. I am honored to be a member of the MET Cell and one of the resource persons during the MCI-GSMC MET Cell Training Workshop conducted by MGMMC on fundamentals in Medical Education. However I do need to work on my limitations and refine my skills further which I am committed to do in the next 5 years

4) Suggest one change you would like to see in medical education in India.

Medical Education should not just be a separate entity but be amalgated with our individual disciplines. We have to define the learning objective for our own specialties ; tailor made for our specific requirements.

5) Give a brief message to your fellow FAIMERians.

FAIMER has sensitized me to the various aspects of medical education-teaching, teaching aids, teaching methods, learning principles, learning process, evaluation methods, time management, conflict management, administrative skills and research.



Dr. Nitin Gaikwad

GSMC FAIMER Fellow 2009

Associate Professor

Department of Pharmacology

All India Institute of Medical Sciences,
Raipur, Chhattisgarh.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal.

My inclination towards medical education started since I was doing my MD Pharmacology at GSMC. As a facilitator during MET workshop under Neema madam, I was taking keen interest in teaching methodology. And probably that is the reason why I choose academics instead of Pharma Industry. This interest further motivated me to undergo FAIMER fellowship program. To further explore the treasure, I did Diploma in Medical Education and Masters in Health Professions Education. I did many curriculum innovation projects apart from FAIMER project.

2) What has been the impact of the FAIMER fellowship on your career ?

FAIMER fellowship have impact my career in many ways. FAIMER fellowship gave recognition as resource faculty, Course Coordinator for Advanced Course for Health Professions Education, Ex-Chief Editor for Medical Education Bulletin, “Mentor” at my previous institute, and publications in International Journals of repute. After FAIMER fellowship, which has given new insight in medical education, I always tried to introduce active learning strategies in my fact filled subject (Pharmacology) to make it more interesting and understandable for undergraduates.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

Being at new institute, which is of National importance, I see myself to work towards development of my department. Lots of opportunities are here to work in the field of medical education. I am determined to introduce innovative teaching-learning and assessment method and sensitization of faculty and students towards this. Under the guidance of our Director Sir, who is always supportive, I am determined to establish Medical Education Unit and start Advanced Training Course of its own kind at my institute.

4) Suggest one change you would like to see in medical education in India.

I would like to introduce Work based Curriculum.

5) Give a brief message to your fellow FAIMERians.

FAIMER fellowship is not just for certification. I advocate implementing various strategies in medical education in your own subject to make more easy and understandable for students. As science is for wellbeing of mankind, similarly medical education is for healthy society. I believe that implementing newer teaching-learning methods will make the students competent graduates that will ultimately benefit the society.



Dr. Suresh Chari

GSMC FAIMER Fellow 2009

Professor of Biochemistry

Director of Research & MET NKP

Salve Institute of Medical Sciences
& Research Center, Nagpur.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal.

In 2009 I was given the charge of the MET unit at NKP SIMS. I was selected for the FAIMER fellowship at GSMC and things have phenomenally changed not only for me as a person but also the MET unit. What used to be a small room to show the MCI inspectors as an 'functional' MET unit and conducting a few guest lectures, today is having its own fully air-conditioned training hall with all possible AV aids to make learning happen. From two dedicated members we are now 30 highly motivated and eager to learn facilitators. Integrated teaching, PBL, CBL, MET conferences, train the trainers, communication skills workshop for UG students in part I,II,III, workshops on educational research, publications in educational research and 3 more FAIMER fellows. These are a few developments to mention. Not to forget my personal capacity development professionally. I have been professionally invited to set up MET units at Jagdalpur & Bilaspur. Professionally I have also conducted several skill development workshops in various medical colleges and I travel specially to conduct Interactive Class room teaching. Professional “AHA” moment was the convincing approval for Communication skills lab and Clinical lab by the management and dean of our institute. Personal “AHA” moment was when the “Team MET” arranged a surprise celebration exclusively for me.

2) What has been the impact of the FAIMER fellowship on your career?

It was only after FAIMER that we 'actually knew' what can be included to be called MET activities. From a medical teacher to medical education trainer and educationist is what I call 'impact' of FAIMER.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

I must thank Dr. Supe and FAIMER for including me since two years as a resource person at the Faimer fellowship program at GSMC Mumbai. Apart from this I have a dream and I am sure it will see the light of the day by the end of 2014. A well established communication and clinical skills lab in my institute, which is a part of the curriculum as a routine. Secondly the curriculum that we have developed for MBBS students as Communication skill workshop part I, II, III should be included in the university curriculum for implementation all over Maharashtra and then later through MCI in India.



Dr. Mangala S.

GSMC FAIMER Fellow 2009

Professor of Community Medicine,

Vydehi Institute of Medical Sciences and

Research Centre, Bangalore, Karnataka.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal.

I have more inclination towards research after FAIMER experience. I am also keen to publish whatever I have learnt in the research projects so that others can replicate in their areas. I feel knowledge should always be disseminated to benefit the society.

My AHA moments- the moment I came to know that I was selected to GSMC FAIMER programme in 2009 and on completion in 2011.

Personal level- My daughter completed her internship in March this year.

2) What has been the impact of the FAIMER fellowship on your career?

I am very enthusiastic to do community work and research in it.

I am also interested in newer methods of teaching students and want to make my classes interactive and interesting.

As I am in charge of internship training programme in Community Medicine I always take the opportunity to go to the field and train the interns by being a role model regarding the art of medicine namely showing compassion, understanding and other social aspects during.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

I will continue to train undergraduate and postgraduate students in Community Medicine.

I will also start my own Non Government Organization and concentrate mainly on maternal and child health.

As part of the MET we will train many more doctors on the science and art of teaching.

4) Suggest one change you would like to see in medical education in India.

The training should be more skill based and the exam pattern should test understanding more than rote memory.

5) Give a brief message to your fellow FAIMERians.

The zest for teaching and research should be there throughout life only then we can progress in life.



Dr. Santosh Kondekar

GSMC FAIMER Fellow 2009
Associate Professor of Pediatrics,
Topiwala National Medical College,
Department of Pediatrics &
B.Y.L. Nair Charitable Hospital,
Mumbai.

It was probably a mechanical job being a teacher before I could think of joining FAIMER. May be i used to teach as per curriculum; with list of objectives, headings, descriptions, patho-physiology, treatment etc exactly as one would write a long question. Interaction with students being minimal, eye contacts during dark room-powerpoint lectures being impossible; there was a feeling of being monotonous and not having the “fun of learning”. When I thought of FAIMER fellowship, I never had any such things in mind what may result in my current style of teaching. Rather I thought of taking this program; as my senior FAIMER fellow told me to go for it for a change of mindset, it's good.

I was happy for being selected but technical issues, my shrewd but shy nature and being scared that HOD will not permit me unless other seniors undergo same program; but i did get on at the last day.

It was a difficult exercise for me, finishing early morning ward work and then joining FAIMER contact sessions; a heavy but friendly overdose of “teaching adults in kiddish way” and again back to clinical responsibilities. But those 7 days of first contact session were my “best days of life” despite spending time with stranger faculties. Probably being with hi-hello, happy-go-lucky stranger-faculties helped open me-myself up to a greater potential of learning the teaching methodologies which were somewhere hidden inside. Yeah, it all was serious learning in an unforgettable way.

ML web groups, individual project interactions, rigorous discussions on “making a Project” that accounts for community welfare in long run; all had seemed an impossible task some day. Later on, with timely “time discipline”; we all could complete and modify the projects balancing the inputs by colleague -faculties and needs of projects. I was being groomed as a teacher; actively- passively; teaching students, teaching colleagues, teaching co-Faimerians. And then even after completing FAIMER 2 year course, it was interesting to be a part of FAIMER family attending newer batches, participating ML web; being a faculty for MCI Research Methodology workshops and METT courses at GSMC.

Sooner my teaching patterns changed, I have started teaching differently; may be i have started thinking differently; making my topics student friendly, as per the learners' needs; making students learn and teach, interactively. Teaching in the out of books/box way, the same things more easily fluently and confidently; does keep me busy longer hours with students, does make me use more of a black board-action than ppt animation; yeah and without any extra load of work felt by myself.

“All without a capital I.” I thank Faimer for giving me opportunity to share my story.



Dr. Jayashri Pandya

GSMC FAIMER Fellow 2009
Professor And Head of Breast Disease,
Department of General Surgery,
T. N. Medical College &
B. Y. L. Nair Charitable Hospital,
Mumbai.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal.

After doing paperwork and getting help from administration and Head, I managed to start independent Breast OPD since May 2013 and got excellent response. Our record keeping is excellent. On personal front , My son Kedar passed out from IIT Mumbai with M.Tech degree in Aerospace and is pursuing Ph.D at Cambridge (UK) on full scholarship by grace of god.

2) What has been the impact of the FAIMER fellowship on your career ?

My project was on OSCE and OSPE. During the course and thereafter we implemented this in undergraduate education curriculum and modified the same for post graduates who joined surgery residency. This is now established as orientation program for PG in surgery. Our original article on OSCE was published in JPGM and its follow up was also published in same journal.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

Further progress and advancement in speciality which I have chosen for myself.

4) Suggest one change you would like to see in medical education in India.

Implementation of OSCE in MUHS Education curriculum.

5) Give a brief message to your fellow FAIMERians.

It helps to implement program in medical education curriculum for better outcome which are difficult to implement but not impossible.



Lt. Col. Dr. Karuna Datta

GSMC FAIMER Fellow 2009

Professor in Physiology,

AIIMS, New Delhi.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal.

I have been given appointment as Coordinator of Medical Education department in my college ACMS where I was posted from 2009 to 2011. AHA moment was to do research in a topic which I had thought of six years ago. am working on non pharmacological treatment of insomnia including an innovative yogic technique which I wanted to study for insomnia patients.

2) What has been the impact of the FAIMER fellowship on your career ?

My project was on OSCE and OSPE. During the course and thereafter we implemented this in undergraduate education curriculum and modified the same for post graduates who joined surgery residency. This is now established as orientation program for PG in surgery. Our original article on OSCE was published in JPGM and its follow up was also published in same journal.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

Further progress and advancement in speciality which I have chosen for myself.

4) Suggest one change you would like to see in medical education in India.

Implementation of OSCE in MUHS Education curriculum.

5) Give a brief message to your fellow FAIMERians.

It helps to implement program in medical education curriculum for better outcome which are difficult to implement but not impossible.



Dr. Ganesh M. Kamathi

GSMC FAIMER Fellow 2009

Lecturer in Physiology,
Melaka Manipal Medical College,
Manipal.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal.

The professional journey has been good, the usual ups and down are always there. Scope for improvement always exists. Whenever, I have done well professionally I feel it's an "AHA" moment. Seeing a smile on the face of my parents/well-wishers, when I have done well gives me that AHA moment personally.

2) What has been the impact of the FAIMER fellowship on your career?

FAIMER has been most helpful professionally and personally. I have become more explicit than earlier (before FAIMER). It's given me an opportunity to spend time with people the profession I am in , look and learn from them. FAIMER has taught me to reflect on my thoughts, enjoy my work and impart knowledge & also keep learning.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

I wish to do better & sharing my knowledge to help students in their career.

4) Suggest one change you would like to see in medical education in India.

Vertical integration & to include ethics as an integral part of the curriculum.

5) Give a brief message to your fellow FAIMERians.

Keep up the good work you have been doing, lets learn, work together for providing better education for the students.



Dr. Seema Anjenaya

GSMC FAIMER Fellow 2009

Professor & HOD,

Dept. of Community Medicine,

MGM Medical College, Navi-Mumbai,

Maharashtra.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal.

I am very happy with my professional journey. I started my career as Lecturer in Dept of Community Medicine at MGM Medical College, Navi-Mumbai in the year 2001 and became Professor & HOD in just 9 years i.e. in the year 2010. I am happy to be the youngest Professor & HOD in my Institute. I have done my MBBS from this same institute and now feel very proud to be a faculty and part of this Institute, which has taught me so much during my UG days. I am holding various other positions in my Institute, namely Member of Academic Council, Board of Studies, Co-ordinator of MEU, Student's grievances cell, Prevention of sexual harassment of female employees and students etc. I felt honoured and excited when I got selected as a Member of “Board of Management” at MGM Institute of Health Sciences (MGMIHS), Navi-Mumbai, which is the highest committee of my Institute. I am very grateful to my Management who rewarded me for my hard work, sincerity and loyalty towards my Institute.

2) What has been the impact of the FAIMER fellowship on your career ?

Following FAIMER, I developed qualities like good listening, better communication skills, Time management etc. FAIMER definitely made me a better person and a better teacher.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

In the next 5-8 years, I wish to become the Dean of my Institute. I also wish our Institute to become a Regional centre for MET.

4) Suggest one change you would like to see in medical education in India.

Medical education in India has become very competitive and lengthy. It has become more stressful for medical students and interns, rather than being a pleasant course/ journey. There needs to be a meaningful revamping of medical curriculum, both in UG and PG medical courses.

5) Give a brief message to your fellow FAIMERians.

“Kill tension before tension kills you” and “Live life before Life leaves you”.



Dr. Rohini Bhadre

GSMC FAIMER Fellow 2009
Professor & Head,
Department of Biochemistry,
K.J. Somaiya Medical College,
Mumbai.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal.

I have tried implementing many ideas that I have acquired during my fellowship program. My AHA moment was when our postgraduate diploma program was started.

Personal front Happy that my son secured admission at The Indian Institute of Management.

2) What has been the impact of the FAIMER fellowship on your career?

Any idea that I want to implement I intricately think over it and basically its implication for a long term.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

Trying to further develop my department and laboratory and guiding a postgraduate students.

4) Suggest one change you would like to see in medical education in India.

Integrated MBBS course.

5) Give a brief message to your fellow FAIMERians.

Keep the spirit of FAIMER high by accepting the changes or trying to bring changes for the betterment



Dr. Pramila Menon

GSMC FAIMER Fellow 2009
Associate Professor & Head,
Department of Genetics, Immunology,
Biochemistry and Nutrition, MUHS,
Pune Regional Centre, Pune.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal.

There was no time to enjoy AHA moments but as far as Professional development is concerned I started getting more and more responsibilities like Head of the department which was quite tough .I started learning administrative skills and leadership skills .Conflict management helped me to manage the department. Personal life changed completely with more planning and time management became very important. FAIMER helped me for accepting the change very smoothly.

2) What has been the impact of the FAIMER fellowship on your career ?

FAIMER fellowship gave me international recognition for IPPC course .I am also associated with University of Sydney as Tutor and examiner for International Post graduate Pediatrics certificate course. I am also contributing to Education and advisory group of IPPC towards curricular reforms in respect to assessment system

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

As Medical educationist I am involved in curricular reforms and assessment. I could implement structural oral examination in our system. I am happy I am actively involved in medical education in spreading the knowledge and skills what I learnt to other institutes. Medical teachers are ready for the change. We changed the curriculum related to maternal and child nutrition ,UNICEF has shared this document internationally. Our model of community learning of MPH PHN we shared with other states. I am confident we will be able to take lead in child health and nutrition.

4) Suggest one change you would like to see in medical education in India.

Assessment system need to change.

5) Give a brief message to your fellow FAIMERians.

FAIMER changes the person and adds new dimension to your life .It is not only the courses which teaches education but teaches your lifeskills.



Dr. Sushma N. Ramraje

GSMC FAIMER Fellow 2009

Associate Professor,
Dept of Pathology,
Grant Govt Medical College
& Sir JJ Group of Hospitals,
Mumbai-8.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal.

It has been excellent. FAIMER fellowship has instilled confidence in me which has enabled me to work towards building a new unit in our department.

2) What has been the impact of the FAIMER fellowship on your career ?

Only progress and progress.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

Moving forward in both and probably taking charge of our MET unit.

4) Suggest one change you would like to see in medical education in India.

More practical and skill based.

5) Give a brief message to your fellow FAIMERians.

Be a FAIMERian....Better late than never.





Dr. Pragna Rao

GSMC FAIMER Fellow 2010

Professor and Head, Dept. of Biochemistry,

Kasturba Medical College,

Manipal University, Manipal 576104,

Karnataka, India.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal. □

AHA moments – Professional –Getting trained for PBL at Maastricht University, being selected for FAIMER GSMC 2010. AHA moments – Personal –Understanding that my husband is one of my greatest role models, professionally and personally and a pillar of strength, support and understanding, with a Zen quality that defies description. Seeing my kids enter into professional courses.

2) What has been the impact of the FAIMER fellowship on your career? □

FAIMER has refined my teaching skills and given new ideas which I implemented in my classroom and was instrumental in my achieving the “Good Teacher award”. The lessons learnt in administrative skills have helped me sharpen my ability to interact and contribute positively and proactively with students and faculty. I am aware and confident of my organizational and interpersonal skill which is my tremendous strength. My FAIMER colleagues were highly motivated and committed medical teachers (coincidentally almost all were women!) who provided inspiration, positive affirmations and a lot of academic and moral support. (We still keep in touch!) I learned a lot from the FAIMER mentors and resource persons about educational issues, how to plan scholarship projects in medical education and basically how to stay focused as we continue to don multiple hats as teachers, administrators, mentors and academicians. For opening doors to a whole new world of teaching and learning, I owe my gratitude to Dr. Supe and his entire team. Their caring manner, their perfection and their knowledge has served as an inspiration to move ahead in this field.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education? □

Playing key leadership roles in developing and establishing an integrated medical curriculum-acurriculum with special emphasis on early clinical exposure, scientific basis of medicine and introducing humanities, personal and professional development to students.

4) Suggest one change you would like to see in medical education in India. □

Should make space for teachers to be more creative.

5) Give a brief message to your fellow FAIMERians. □

It is my hope that every action of mine will help students become better personally and professionally. That's what FAIMER helps us do better. At the end of the day, we, as teachers, are defined by our students.



Dr. Seema Jawalekar

GSMC FAIMER Fellow 2010

Associate professor,

Dept. of Biochemistry,

Shree Narayana Institute of Medical Sciences,

Ernakulam, Kerala.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal. □

I am examiner for UG/PG in various universities & member of MEU of our college. I am in editorial board of two well known international journals as well as reviewer of 6 international journals. Presented & published many research papers in national & international conferences & medical journals respectively. I was invited as a resource person in UGC workshop for biotechnology in Cochin University. At Present working in Kerala since three years, before moving to Kerala for 2 years I was in Mumbai. My journey have been adventurous and never have been any two days in my life the same. AHA moments – Personal – 1. Moving from Mumbai to Chochin in 2011. 2. FAIMER graduation in 2012.

2) What has been the impact of the FAIMER fellowship on your career?

FAIMER taught me how to grow as a successful professional. Words are less to describe the help, support and advice I had received from FAIMER faculty during the entire of the fellowship. Over the past two years I was successful in implementing some of the skills learnt, including team work, communication, change management, conflict management, leadership skills and mentoring. I learnt the skills of giving constructive feedback to students, faculty and others by respecting their work and opinions. FAIMER also indirectly inculcated time management skills, skills to reflect and most importantly confidence in me. Through FAIMER I have learnt how to stay focused. All my FAIMER friends & faculties enriched my life in many ways. I introduced and interacted with many known facultiesthrough out world in my 2 years journey with FAIMER and it remains for life long, as its an ongoing journey for learning, teaching & self improvement.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education? □

I want to explore new methods of assessments in order to address the different learning styles students multiple intelligences. To increase my own commitment to prepare future teachers to embody their own belief in the importance of action and become heart teachers. Want to become more involved in teaching and be an active researcher making connections with like-minded researchers and educators.

4) Suggest one change you would like to see in medical education in India.

Students assessment, curriculum design.

5) Give a brief message to your fellow FAIMERians. □

Being FAIMERian is advantage of both intellectual and personal growth opportunities. FAIMER is the place where experienced teachers who want to be re-inspired and learn something new. New teachers looking for practical tools and more effective teaching strategies. Teaching provides an opportunity for continual learning and growth. Teaching is a lifelong learning process of learning about new philosophies and new strategies, learning from the parents and community, learning from colleagues, and especially learning from our own students. Keep learning and growing.



Dr. Rashmi Avinash Patil

GSMC FAIMER Fellow 2010

Assistant Professor,
Department of Anatomy,
Seth GS Medical College & KEM Hospital,
Parel, Mumbai.

1) How has your professional journey been so far ? Highlight your “AHA” moments- both professional and personal.

Immediately after joining GSMC FAIMER as a fellow in 2010 my career took a leap. I was selected as a resource personnel first and then a faculty member of our institutes Medical education unit. Apart from being an anatomist by profession, I am recognized as an active medical educationist too. My professional journey has been escalating since then.

2) What has been the impact of the FAIMER fellowship on your career ?

I had the opportunity to present my FAIMER project immediately after completion of my fellowship at the National Conference of Health Professions Education (NCHPE 2011) at CMC Vellore. The suggestions gathered after the presentation and during the fellowship were compiled and incorporated in the project in the subsequent two years. This year, the reframed project work is being carried out and the compliments and the praises that I am receiving is my AHA moment professionally. The fellowship has not only brought changes in my professional life but has changed me personally as well. Besides being an academician, I have also become logical thinker and a group leader.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

Even though I don't believe in predicting future, in the next few years to come, I wish to see myself as a respectable and renowned teacher, who can be idolized as a role model by others.

4) Suggest one change you would like to see in medical education in India.

I wish that more centres for medical education should be developed across the world so that each and every medical and paramedical personnel is aware and updated with its knowledge. This will help in strengthening the infrastructure of the health care system across the world.

5) Give a brief message to your fellow FAIMERians.

To all the FAIMERians, I would just say one thing that don't just stop after completing the fellowship, join hands with your other fellows to bring about “a welcoming change” in the field of medical education.



Dr. Raakhi

GSMC FAIMER Fellow 2010
Associate Professor in the
Department of Pharmacology
& Therapeutics at Seth G.S.
Medical College, Mumbai.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal. □

Professional journey during FAIMER and post FAIMER has been excellent. Sessions on conflict management, communication skills have helped a long way. FAIMER taught me to look and search the 'positive' in every individual, talk about the best in every effort and not merely criticize it. When I received invitation as a panelist (my first panel discussion) for the Panel discussion titled, Trial related injury: Compensation and Quantum issues at the 2nd National Conference of Bioethics organized by FERCI at PSGIMS&R, Coimbatore; 8-9 November 2013.

2) What has been the impact of the FAIMER fellowship on your career? □

Post FAIMER, I could do my duty of AP incharge of UG/PG teaching more efficiently. I assisted in planning and implementing along with the departmental faculty, e learning modules, preparing online videos for drug administration and conducting medical education projects.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education? □

In next 5 years must be able to publish (achieve target of 5 papers / year) most of the completed research projects and medical education projects.

4) Suggest one change you would like to see in medical education in India. □

Uniform and objective skill assessment.

5) Give a brief message to your fellow FAIMERians. □

FAIMER an enriching experience – provides you Friends not only in your own city but in other cities also, teaches you to accept criticism with a smile, makes you to Introspect and reflect, assists you to be a good Mentor, trains you to be not only Effective speaker but also a listener and gives you courage to dream that you can Recreate, reform and revamp the system !.



Dr. Shushil Singh

GSMC FAIMER Fellow 2010

Professor & Head, Physiology department,

Coordinator, Medical Education Unit

Pramukhswami Medical College, Karamsad, Gujarat.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal.

I have completed 32 years of teaching MBBS, Physiotherapy, M. Sc. (Medical Physiology) and MD (Physiology) and Ph. D. (Medical Physiology) students.

I have been awarded “ K. P. Puthuraya Award for best teacher in Physiology” at National level conference of Association of Physiology and pharmacologists of India (APPI) in year 2009 at UPRIMS & R Saifai, Etawah, U. P.

2) What has been the impact of the FAIMER fellowship on your career?

FAIMER Fellowship program has inspired me to take regular feedback from my students and colleagues. I have started sharing my knowledge with other faculty members of our institute.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

I want to write books on Effective teaching and Joy of teaching. I also want to write a book on Physiology quite different from the other text book.

4) Suggest one change you would like to see in medical education in India.

I strongly believe that private nursing homes and hospitals can play an important role in medical education in our country.

I suggest MCI to incorporate and utilize services of private practitioners and private nursing home in UG and PG medical education.

5) Give a brief message to your fellow FAIMERians.

If you want to become a good teacher, follow 3 rituals which are as follows :

A) Read at least one hour of your subject specialty book or Journal everyday.

B) Invest approximately at-least Rs. 10,000.00 every year on books and professional development and establish your own personal library.

C) Always share your knowledge with students, colleagues, subordinates or other faculty members. If you share your knowledge you will learn more.



Dr. Minnie Faith Kalyanasundaram

GSMC FAIMER Fellow 2010

Professor, Dept. of Biochemistry,

Faculty Advisor for Elective & Exchange Students,

Christian Medical College, Bagayam, Vellore-632002

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal. □

I have been promoted as Professor in my department. I have been a resource faculty for national thematic workshops in E-learning and pre-conference workshops in National Conference in Health Professions Education. I have since become a FAIMER faculty in two regional centers PSG FAIMER Coimbatore and CMCL FAIMER Ludhiana. Recently I was awarded the IFME Fellowship leading to a Masters in Health Professions Education under the Keele University UK.

2) What has been the impact of the FAIMER fellowship on your career ?

Acquiring a FAIMER Fellowship has been an enabler for me in many ways. The fellowship has empowered me at many levels. It has exposed me to the needs and changes required in medical education in India. I have been able to help initiate, sustain and foster educational programs in my institution. The fellowship has enabled me to appreciate the design and structure of the FAIMER program as one which enhanced and fostered leadership abilities in the fellows. It has also helped me in a big way to be conscious of best practices in medical education.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education? □

I hope to have finished my Masters in Health Professions Education in the next three years. I hope to be able to contribute significantly and competently in educational research programs in my institution. I especially hope to focus on evaluation of educational programs especially distance learning courses that have been offered for many years in my institution CMC Vellore.

4) Suggest one change you would like to see in medical education in India.

A change that I would like to see in medical education in India is that every health professions academic has understood and is able to apply sound principles of medical education as best practices in their daily academics.

5) Give a brief message to your fellow FAIMERians. □

Once you become a FAIMER Fellow, the student in you is awakened every minute of your life while you grow to be a teacher, educationist and leader. be not only Effective speaker but also a listener and gives you courage to dream that you can Recreate, reform and revamp the system!.



Dr. Jayshree Ghanekar

GSMC FAIMER Fellow 2010
Prof & Head, Deptt of Medicine,
MGM Medical College,
Navi Mumbai.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal.

Joined the present institute as Asstt Professor & at present looking after Deptt as Head. Professionally, tried to work with the best of ability & dedication, not only as physician but also teacher.

Moments where felt accomplished as Deptt Head- PG course in the subject started right in first year of me as Head of the Deptt, My first batch of PGs cleared MD with 100% result, recognition & appreciation of teaching of the Deptt by students.

2) What has been the impact of the FAIMER fellowship on your career?

I not only learnt new teaching- learning methods but FAIMER fellowship also enriched my knowledge about research in medical education.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

Would like to continue as teacher in clinical Medicine & will try to inculcate the Best qualities of a medical professional in students.

Will try to do original research in medical education.

4) Suggest one change you would like to see in medical education in India.

Need few teaching modules on overall behavior of medical students.

5) Give a brief message to your fellow FAIMERians.

Always be supportive & help each other as FAIMER family.



Dr. Priti Kapadia Gupta

GSMC FAIMER Fellow 2010

Professor and Head,
Dept. of Ophthalmology,
Govt. Medical College, Surat.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal. □

To me to sustain is to remain engaged... “Residency program director's course” arranged by ICO gave me vision to reform ophthalmology curriculum ,a USF managed programs on quantitative and qualitative research, TOT workshop on ethics, position of MEU coordinator , organized hands on workshop on Literature search, MCQ formulation and item analysis and integrated teaching workshops ,Introduced a session of ME on state level Ophthalmic conference, was invited as guest faculty at MET workshop Bhavnagar and presented paper in world Ophthalmic congress and posters at NCHPE 2011 and 2012. I introduced formative assessments in form of OSCE for undergraduates , mini CEX in post graduate students. My FAIMER project has become a routine TL method for clinical training in ophthalmology. I became a Ph. D guide, and now a first medical faculty to do interdisciplinary Ph. D. in Education.

“AHA” moments : Dr. Supe and team facilitating my first MET workshop at Surat. FAIMER acknowledging my efforts on its page and then gave me a responsibility as Faculty. Times of India, on teachers' day gave me recognition as a life coach and mentor for students.

2) What has been the impact of the FAIMER fellowship on your career?

My first attempt to create a functional Medical Education Unit in my institution became successful organizing first faculty development workshop within three months of my first FAIMER contact session . I shared my FAIMER experiences and resources which encouraged MEU members to become effective facilitators for our workshops. First year FAIMER enthusiasm landed me doing SIX MET workshops training 170 faculties as program director, our institute has five FAIMER fellows now.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education? □

I may acquire a Dean's post , which further can make my efforts worthwhile in ME, I would have finished my Ph. D (Education) by then and visualize my self being successful in developing department of Medical Education in South Gujarat University. Till then I have to keep balance between quality ophthalmic clinical work and Medical education both at the same time .

4) Suggest one change you would like to see in medical education in India.

Engage all and enhance the medical education of the institution. Collaborative efforts of Medical Educationists will definitely bring changes one day in India.

5) Give a brief message to your fellow FAIMERians. □

Facilitating self first makes your task easier .Actively participating and dedicating quality time for ME keeping excuses at bay ,maintaining a fruitful interaction on ML web, Sharing innovations / things learnt in ME and stay connected .



Dr. Manisha Gohel

GSMC FAIMER Fellow 2010

Associate Professor,
Community Medicine Department,
Pramukhswami Medical College,
Karamsad, Dist-Anand (Gujarat)

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal.

I am satisfied with my professional journey so far especially after doing FAIMER fellowship. FAIMER fellowship has been given me a lot and still going on. I have improved a lot and still efforts are going on. This was when I presented my poster “Development of new tool for clinicisocial case study assessment of Community Medicine residents” in front of Dr. John Norcini. I heard and read a lot about sir and FAIMER gave me opportunity to present my work. New tool is based on principle of MiniCEX which was developed by Dr. John Norcini. I have developed and done pilot testing. I am looking forward for its implementation in community Medicine department at various colleges. It may surprise to you but personal “AHA” moments is when I spend time for myself. My “AHA” moments are doing exercise, yoga etc.

2) What has been the impact of the FAIMER fellowship on your career?

FAIMER fellowship has great impact on my academic career. I have enriched myself as educationalist after fellowship. One great advantage is contact with teachers in my subject is very easy in India. Being FAIMER Fellow & colleagues, you get very good response from all of them and gets lot of academic updates and inputs.

We come to in contact with lots of teachers and educationalist in India and across the world. At personal level, I feel the bonding between FAIMER fellow is great, not finding proper words to describe that. This might be because of the environment which was created during our fellowship and credit goes to Dr. Avinash Supe Sir and all FAIMER faculties. Because of this bonding, we are benefited not at personal level but also at academic front.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

I feel that I am learning something new as time passes. I want to implement different MEU methods of teaching in our department. I use it at personal level but I will try to implement at department level, for example OSPE. I will try to become a part of MEU unit if opportunity and time permits as we have many Fellows at our place.

4) Suggest one change you would like to see in medical education in India.

We have done enough MEU workshop (at least our place) but now it's time for its implementation and monitoring of the activities before going for advance courses in MEU. Still we have to make teaching more skill based with practical demonstration instead of didactic.

5) Give a brief message to your fellow FAIMERians.

Hi, lots of love to ALL.



Dr. Gaurang D. Baxi

GSMC FAIMER Fellow 2010

Assistant Professor,
Institute of Medical Education
Technology & Teachers,
MUHS, PUNE.

1) How has your professional journey been so far ? Highlight your “AHA” moments- both professional and personal.

I feel fortunate to be selected for FAIMER very early in my career, when I was working at Padmashree Dr. D. Y. Patil College of Physiotherapy, Pune. That was the first 'AHA' moment in my professional life.

The next 'AHA' moment was when I got selected as Assistant Professor, to serve at the Institute of MET and Teachers' Training of MUHS, at it's Pune regional centre. I consider this to be a personal 'AHA' moment as well.

2) What has been the impact of the FAIMER fellowship on your career ?

The impact of the FAIMER fellowship on my career has been that I have shifted full time into medical education at MUHS.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

After FAIMER, I now wish to enroll for MHPE, which will help me excel in the field of medical education.

4) Suggest one change you would like to see in medical education in India.

Our assessment system needs major reforms.

5) Give a brief message to your fellow FAIMERians.

Stay connected and spread the light of medical education!



Dr. Anjali Deshpande

GSMC FAIMER Fellow 2010

Lecturer, Dept. of Paediatric &

Preventive Dentistry, V.S.P.M. Dental College

& Research Center, Nagpur.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal.

Our DET Unit received a special award for innovative practices by VSPM Academy of Higher Education on 26th January 2014. Recently I have become a certified facilitator for “Values in Health Care: A Spiritual Approach (VIHASA)” Workshop by Janki Foundation For Global Health Care, U.K. and will be conducting workshops for our students in future.

2) What has been the impact of the FAIMER fellowship on your career ?

I feel proud to be the first FAIMER fellow from my institute. I updated my teaching learning skills and my approach has become more student oriented. I took initiative in starting Student Mentor Program “Sarathi” at our institute where I am a core committee member. I have been involved in active participation in various health science education conferences, presenting papers and posters. I have also undertaken a new project on health science education. I take this opportunity to thank FAIMER for the support, encouragement and guidance.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

We plan to implement many innovative practices in dental education regarding curriculum development, teaching learning methods and assessment at on regular basis. Some of them are already started. We believe that the Dental Education Unit at our institution becomes an education hub in near future promoting research and innovations.

4) Suggest one change you would like to see in medical education in India.

The educators should inculcate values, broad vision, good knowledge and attitude in future health professionals. As said by Vijayalakshmi Pandit, “Education must not be viewed as just a means for earning a living or an instrument for acquisition of wealth. It is an initiation into life of spirit, a training of the human soul in the pursuit of truth and the practice of virtue.”

5) Give a brief message to your fellow FAIMERians.

As a role model, ensure that we leave an everlasting mark on students and as facilitators, we train them to use the knowledge in the most efficient manner for the betterment of the society.



Dr. Girish C. Rajadhyaksha

GSMC FAIMER Fellow 2010

Professor in Medicine,
Topiwala National Medical College,
Mumbai.

1) How has your professional journey been so far ? Highlight your “AHA” moments- both professional and personal.

During this period, I also worked as Hon.Secretary of the Staff Society of TNMC. Our committee did a major work of getting the society registered with the Charity commissioner and also with the M.M.C. for issuing credit hour certificate. We could also start the first ever oration of the society in memory of our beloved Dean Dr.R.V.Rananavare. The most satisfying moments for me are when I take lectures in our Lecture hall packed with students and also bedside clinics for UG & PG students. As I was UG and PG student of LTMMC, I was involved with the Students' council over there when I became teacher in the same institution. After coming to TNMC, the students literally forced me to take up the responsibility of the Vice President of the TNMC Students' council. This was a pleasant surprise for me. I must admit, working with students keeps me young & energetic.

2) What has been the impact of the FAIMER fellowship on your career ?

I feel proud to be the first FAIMER fellow from my institute. I updated my teaching learning skills and my approach has become more student oriented.I took initiative in starting Student Mentor Program “Sarathi” at our institute where I am a core committee member.

I have been involved in active participation in various health science education conferences, presenting papers and posters. I have also undertaken a new project on health science education. I take this opportunity to thank FAIMER for the support, encouragement and guidance.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

I have already become Professor and in due course if I remain in service I'll become HOD. I have no ambition of becoming Dean , so most probably I'll retire as a professor. Till the time I work, I want to work hard to improve the declining quality of medical education even in the so called premier medical institutions.

4) Suggest one change you would like to see in medical education in India.

Despite decent salaries, teaching is not considered as a passion by many medical teachers. With so many facilities and training workshops, ideally we should have better teachers. I want to find out how to encourage good teachers and motivate others to be one. This one change I would like to see in next 5 to 7 years.

5) Give a brief message to your fellow FAIMERians.

FAIMER fellow friends, you are all so talented, dedicated teachers. I am really fortunate to meet you through this course. All of you have taught me something or other. I am sure you have improved the quality and standard of medical education in your institution. Keep doing this good work as it is for the benefit of the society.



Dr. Pinaki Wani

GSMC FAIMER Fellow 2010

Assistant Professor,
Department of Physiology,
K. J. Somaiya Medical College,
Mumbai India.

1) How has your professional journey been so far ? Highlight your “AHA” moments- both professional and personal.

The first and foremost AHA moment was the call from Dr Supe informing me about my selection for FAIMER fellowship on 4th April 2010 then attending the 7 day contact programme and meeting all the fellows was a AHA moment each year and meeting all my kind of people is a AHA moment. Each one of the Fellow had some unique and distinct quality to be admired and absorbed..I have gained personally so much.. I cant express in words. It has been a wonderful enriching experience personally as well. Then My abstract selection for 15th OTTAWAAMEE Conference at Kuala Lumpur at Malaysia was yet another AHA moment for me. The entire journey to Kuala Lumpur including the conference, Poster presentation and meeting like minded people , seeing Dr Ronald Berk in person was breath taking, attending his talk , Dr John Norcini's talk was an awesome feeling.

2) What has been the impact of the FAIMER fellowship on your career ?

As a FAIMER fellow , I had been given an opportunity to speak on " Teaching Learning Medias " at my own College MET workshop. I was also given an opportunity to be a faculty at MUHS conducted MET workshops.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

I would certainly want to grow and flourish in my professional and personal areas In next 5 years , I want to see myself being a better Doctor, teacher , guide for all my students and friends. I would also like to work more in the areas of interest as.. curriculum planning and designing, Assessment, teaching media.

4) Suggest one change you would like to see in medical education in India.

I would like the Medical education In India to be more clinical and practical oriented from the years of foundation itself ie First year MBBS. A more skill based clinical approach for all Medical students is the current need in Medical education in India.

5) Give a brief message to your fellow FAIMERians.

FAIMER had made me familiar with a varied topics and issues of concern in the Medical education.It helped, guided me to make an effort.. positive in nature to understand the Medical education, its core objectives, its focus, its reach, its defeciencias, its achievements.



Dr. Vasudha

GSMC FAIMER Fellow 2010

Professor and Head,
Department of Pharmacology,
Melaka Manipal Medical Campus,
Manipal University, Manipal.

1) How has your professional journey been so far ? Highlight your “AHA” moments- both professional and personal.

Professional journey was good so far. I got promoted as a Professor. I am happy to mention that I am the recognised PhD guide of Manipal University and guiding 3 PhD students. I am also serving as Editor-in- chief of International Journal of Pharmacology and Clinical Sciences. My work in medical education have been published in indexed journal and presented in national and international conferences. In personal front I have a bunch of people who are of a great support and asset to me.

2) What has been the impact of the FAIMER fellowship on your career ?

FAIMER fellowship has taught me how to work within the time constraints and also to work confidently in adversities. The fellowship has instilled a love of learning and made me to realise that a good educator must have commitment, responsibility and professionalism.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

I will continue my search for best practices in medical education and apply those practices in teaching and assessments. Students should learn how to judge themselves. I would like to see myself as an inspiring teacher who will be able to inculcate passion for learning in learner. As a researcher my goal is to contribute to the advancement of medical science and education.

4) Suggest one change you would like to see in medical education in India.

Medical practice will always involve collaboration and team work with other health care professionals. Collaboration can minimise medical errors and improve the quality of health care services. Hence implementation of interprofessional education at undergraduate and postgraduate education is need of the hour.

5) Give a brief message to your fellow FAIMERians.

Do your best in your personal and professional life ...you will be surprised to see the miracles that follows.



Dr. Shital Amin Poojary

GSMC FAIMER Fellow 2010

Prof & Head,

Department of Dermatology,

K. J. Somaiya Medical College,

Mumbai, Maharashtra.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal. □

Being selected for the FAIMER fellowship itself was an inflexion point for me. It instilled in me a confidence to look at all issues and problems in personal as well as professional life with a different perspective. On the personal side FAIMER gave me fabulous friends whom I can lean on anytime I am feeling low. On the professional side, FAIMER has given me the best mentors one can ever have, whom I can approach even now after 4 years for any help.

2) What has been the impact of the FAIMER fellowship on your career ?

Though my personal professional successes have been quite a few, the moments which I will remember forever are the successes of my students at national and international levels. When the student comes and tells me, “Madam, we put in that extra effort so that your effort would not go waste,” that is a proud moment for me as a teacher. Thanks to the confidence and knowledge which FAIMER has instilled in me, I have had several such proud moments.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education? □

In the next five years, I want to make my department one of the best in the country. I want to set up a skills lab for dermatology residents.

4) Suggest one change you would like to see in medical education in India.

The one change that I would like to see in Medical Education is the return of ethics, beginning from the moment of admission to MBBS.

5) Give a brief message to your fellow FAIMERians. □

To my other FAIMER fellows, I would like to say one thing: More collaboration. FAIMER is a unique forum where doctors from different fields with skill sets are together. We can utilise this forum to pool our resources and conduct large multi center research projects



Dr. Anita Ramchandran

GSMC FAIMER Fellow 2010

MD (Microbiology)

Assistant Professor,

Lokmanya Tilak Municipal Medical College,
& General Hospital, Sion, Mumbai.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal. □

Completing my MD at GSMC, under the exceptional guidance of a person known as the 'Moving Encyclopedia of Microbiology' – Dr. Gita Nataraj. Working in the field of HIV diagnosis & monitoring and becoming a Resource person in the field for training of medicos & paramedicos. Being part of a lab which scored the highest grading for two successive years across all HIV laboratories working under NACO. Becoming an Internal Auditor for NABL accreditation and getting our laboratory accredited in 2012 and now re-accredited as per the latest guidelines (in the recent audit – 2014, March end). Being in charge of Continual Quality Improvement in our Laboratory. Completing my FAIMER Fellowship from GSMC and getting the opportunity to know so.o.o... many stalwarts from the field. Being able to connect with the students, both Undergraduate & Postgraduate, especially the mediocre ones and mentoring them towards improved performance, confidence and efficiency on the personal as well as academic fronts.

2) What has been the impact of the FAIMER fellowship on your career?

Opened wide the doors of an unknown but a very promising world to me. Infused me with knowledge on a plethora of related subject matters. Made me an 'Active' Teacher and helps me encourage my students to be 'Active' Learners.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education? □

At the hub of Medical Education at my Institute with many FAIMERians along (I have been encouraging many colleagues to pursue the FAIMER Fellowship, one of them will be finishing this year, others have applied in the past and will be re-applying this year).

4) Suggest one change you would like to see in medical education in India.

Inclusion of the concept of 'Holistic Health care' – the addition of the fourth dimension i.e Spiritual Care in the day-to-day care of the diseased.

5) Give a brief message to your fellow FAIMERians. □

- This is THE place, THE experience, where you get the best, without any reservations, much beyond your expectations. - JUST GO FOR IT & GIVE YOUR BEST.
- Come out not just as a better Medical Educator, but as the best Medical Facilitator.



Dr. Sonu Hangma Subba

GSMC FAIMER fellow 2011

Additional Professor,

Department of Community & Family Medicine,

All India Institute of Medical Sciences,

Bhubaneswar, Odisha.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal.

My professional journey started in Delhi with Senior Residency in Lady Hardinge Medical College and Maulana Azad Medical College. After that, was selected to work for the World Health Organization & GOI project for polio eradication, as a Surveillance Medical Officer in one of the most difficult and backward districts of Uttar Pradesh. Today, when there is celebration that polio no longer exists in India, I feel satisfied that my effort of 2 and a half years also contributed to that achievement. My medical teaching started thereafter, in different medical colleges in India and Nepal. During these years, I learnt what it meant to be a medical teacher and a researcher; received grant to conduct a research project from DST and guided many students for their ICMR STS and University granted projects. Being selected as FAIMER fellow in 2011 gave me impetus in my teaching and research activities. Students I guided have gone to national and international conferences and have won best paper awards.

2) What has been the impact of the FAIMER fellowship on your career ?

FAIMER fellowship's impact in my career has been many, both direct and indirect. Some of the impacts have been; made member of medical education unit in the previous institute and in the present institute, receiving “Good Teacher” award, getting promoted to Additional Professor and being selected for AIIMS Bhubaneswar. It also gave me the opportunity to work on one of my core belief that communication is vital to a medical student, a teacher and a practitioner. Besides these, I feel I have become not only a better teacher but a better learner, team player and a leader. It has brought about a change in me as a person, in some of my beliefs that will help me improve further. And I hope that I am and will be passing the benefits to those around me.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

In the next 5-8 years, I hope to be a Professor in the present institute who has been able to make, may be small but significant contribution to the department, the institute and the health status of the people of Odisha and beyond. Our institute should be in the forefront of medical education teaching and research and sharing it with the region. I also hope to have authored a book on communication skills for medical students.

4) Suggest one change you would like to see in medical education in India.

That would be to have communications skills incorporated into the medical curriculum, complete in its content, duration, methodology and time of teaching. It should be an essential criterion for getting MCI recognition.

5) Give a brief message to your fellow FAIMERians.

Dear fellows, it is a wonderful experience and a privilege to be part of the FAIMER family. Thank you for all the cooperation, guidance and amity you have extended throughout and let us all try to carry the work of FAIMER forwards in our own way. If not a potful or a pondful, we can try to be that drop in the ocean which will contribute to the whole.



Dr. Parineetha Bhat

GSMC FAIMER fellow 2011

Professor and Head,
Department of Biochemistry,
Kodagu Institute of Medical Sciences,
Madikeri, Karnataka, India.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal.

Professional journey has been interesting so far. I hope that I will be able to do justification to my new role as the head of the department and scale new heights. The best moments in my professional life have been when I got appreciation from both the higher authorities and students for my contribution as a teacher and a mentor.

2) What has been the impact of the FAIMER fellowship on your career?

FAIMER fellowship brought about a paradigm shift in my whole perspective. For years I was under the impression that teaching has to take place, and it was because of FAIMER, I learnt that it is important to see if learning has taken place. I can proudly attribute my selection to my current post took place because of FAIMER Fellowship.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

It is only now that I have been given the responsibility of setting up the department in a new medical college. In the next 5-6 years I envision that the department will be considered as a centre of excellence giving the best quality services in patient care, research and medical education. I hope that the department will provide the bench mark for team work.

4) Suggest one change you would like to see in medical education in India.

It is time India adopts the best practices of medical education which have been proved by research that they work, so that an Indian medical graduate will be of global standards.

5) Give a brief message to your fellow FAIMERians.

It is up to us to create opportunities to put the principles of medical education learnt during the fellowship into practice and the only thing to be done is to be aware so that we don't miss out on even a single opportunity.



Dr. Vijay S. Singh

GSMC FAIMER Fellow 2011

Professor Addl.

Dept. of Community Medicine,

L.T.M. Medical College & Gen. Hospital,

Sion, Mumbai.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal.

I got opportunity to attend workshops on research in teaching technology. I completed FAIMER Fellowship in 2011. In this phase, my carrier path became more focused and there are clearly visible changes now. I hope this phase brings another brighter phase for my professional and personal career.

“AHA” moments – both professional and personal are

1. Title of my research topic in FAIMER was finalized.
2. While receiving FAIMER FELLOWSHIP CERTIFICATE from the hands of VC, MUHS and Director and when Dr. Supe announced the same.
3. When our HOD made announcement of Paper free dept.
4. Proposal for MD in family medicine was approved by DEMR and MUHS.
5. Dean Sir Dr. Supe praised the PSM dept. for the efficient work.
6. I got appointment as MCI Inspector.
7. Got second price for poster presentation among teaching faculty in SRS conference of LTMMC & GH.

2) What has been the impact of the FAIMER fellowship on your career?

FAIMER empowered me with knowledge, skills, tools, theories required for teaching – learning process. Obtained practical experience with all other fellows. Leadership, communication and confidence were the main areas of personal development in my career.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

In coming 5 to 8 years all teacher will be trained through medical education unit. I will shoulder more responsibility to make medical education as a speciality. I will attend and present papers in conference related to medical education. I will try to explore new areas in medical education and have at least five publications per year.

4) Suggest one change you would like to see in medical education in India.

Curriculum of medical education and assessment of doctors should be based on the needs of the society.

5) Give a brief message to your fellow FAIMERians.

Trust yourself and let your confidence be a motivating and influencing factor for your success.



Dr. Rajashree Naik

GSMC FAIMER fellow 2011

Professor & Head of Physiotherapy

Lokamanya Tilak Municipal Medical College,

Sion, Mumbai.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal.

After having worked in various capacities as Lecturer, Associate Professor & Professor for 20 years, I got transferred on promotion as Professor & Head of Physiotherapy to LTMMC, Sion. This change in my career and my life though inevitable, was not a very welcome change for me. I had never really looked forward to it. However, slowly as I was getting used to this new responsibility, I got selected for FAIMER and my complete outlook changed. FAIMER helped me to adapt to the environment, accept the challenges and to firmly stand my ground in the presence of adverse situations. At the same time, it also taught me to be resilient. I am a member of the Medical Education Unit of the institute. Even though there are many ups & downs, as a FAIMERian, I am able to face them with courage & with conviction.

2) What has been the impact of the FAIMER fellowship on your career?

Overall personal and professional growth.

I have been able to contribute to the UG & PG curriculum development at the state university level to a significant extent.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

I hope my contribution to both will be even more significant than in the past.

4) Suggest one change you would like to see in medical education in India.

It should become more skill and communication oriented.

5) Give a brief message to your fellow FAIMERians.

Wherever we go, we will remain tied by the thread of FAIMER.....



Dr. Kuldeep Singh

GSMC FAIMER Fellow 2011

Additional Professor and Head,

Department of Pediatrics,

All India Institute of

Medical Sciences, Jodhpur.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal.

I carried forward my interest with small stint of 1 year at Himalayan Institute of Medical Sciences, Dehradun and then at Indore for 10 years heading Pediatrics and Co-convenor of MCI designated Regional Training Center, SAIMS, Indore.

Finally, I joined All India Institute of Medical Sciences, Jodhpur in 2013. It was a wonderful experience of applying principles of Medical Education Technology to this budding Institute of National Importance.

On personal front, I gained and grew with my 2 kids but I suffered a setback with loss of my mother.

2) What has been the impact of the FAIMER fellowship on your career?

Undoubtedly, I learnt leadership qualities which helped me in many new initiatives as well as polished and improved my organizing skills. I was instrumental in getting our Institute recognized by MCI as Regional Training Center for MET for faculty from Madhya Pradesh and Bihar.

I was organizing secretary for 53rd Annual Conference of National Academy of Medical Sciences (India), NAMSCON 2013 at AIIMS, Jodhpur. I was able to apply many principles like backward planning, Force Field Analysis and team work in getting the task done to satisfaction of everyone and able to produce many outcomes of the Conference.

I regard Avinash Supe Sir as my role model both as a FAIMER faculty and a all rounder Clinician. I am amazed by the multiple task performed by him as administrator, planner, medical educationist, surgeon, singer, mentor and above all a caring human being.

I have also learnt from all faculty members associated with GSMC FAIMER- Bill, Page, Rashmi, Thomas Chacko, Rege, Sucheta, Payal, Vivek Sir and many more.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

I visualize myself developing cost-effective teaching technologies in Medical Education and Continuing Medical Education and establishing AIIMS Jodhpur as a model for health care, service and education to underserved population of Western India.

4) Suggest one change you would like to see in medical education in India.

Drastic change in Assessment technology aligned with need based educational objectives at ALL level in Medical Education is need of the hour.

5) Give a brief message to your fellow FAIMERians.

Think globally and act locally.



Dr. Brig Suresh Kumar Kathpalia

GSMC FAIMER fellow 2011

Head & Director,
Military Hospital, Allahabad.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal.

I joined FAIMER Fellowship as quite a senior person when I was HOD at Armed Forces Medical College Pune; but my journey thereafter has been remarkable. From a teacher I became a lifelong learner. When I met my fellow members during the course. I was amazed to see their enthusiasm and zeal which I did not have when I was at their stage of life. Many of them have become my role models. My communication skills have improved and been able to listen to others' views without any cynicism and prejudice.

2) What has been the impact of the FAIMER fellowship on your career?

FAIMER taught me to take criticism in a healthy manner and improve upon myself. Criticism is a form of suggestion in a rude way; also called 'Feedback'. Because of FAIMER I was entrusted by my college to teach communication skills to first year students on joining, then preclinical before they went to wards, final year students before internship and PG students on joining the course.

- I was called by MUHS to deliver lectures during their workshops on Medical Education.
- My project titled 'Clinical learning in final semester by bed allocation to individual student' was highly appreciated and accepted by other departments too.
- We started group discussion for undergraduate students where they talked amongst each other about one selected topic and the teacher remained an observer. This was very well received by the students and highly appreciated in their feedback.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

HOD at a medical college. - Working in public health. - Authority on social issues and soft skills.

4) Suggest one change you would like to see in medical education in India.

Patient centric.

5) Give a brief message to your fellow FAIMERians.

PI, PI, PI remain an active participant on FAIMER.



Dr. Santosh-Kshirsagar

GSMC FAIMER fellow 2011

Professor and HOD,
Department of Anatomy,
BRIMS Bidar.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal.

I am fortunate to get Medical Teaching as my profession as I love teaching and being with young students which keeps me young too. I joined Department of Anatomy, S.R.T.R Medical College, Ambajogai on 5th Nov. 1997. Later I registered for Post Graduation in Anatomy and passed out in 2002. July. I became proud father of my Son Chaitanya in June 2002. I worked as Assistant Professor at S.R.T.R. Medical College, Ambajogai till Sept. 2006 and then joined BRIMS Bidar. I was very fortunate to become Professor and HOD in 2010 at the age of 37. Under my leadership the department of Anatomy got permission to start post graduate course in Anatomy in 2011.

2) What has been the impact of the FAIMER fellowship on your career?

FAIMER Fellowship transformed me. I became more interested in Medical Education and in 2012, joined the PGDHPE course at KLE Belgum which is conducted in collaboration with Illinois University Chicago. With my initiative we formed Organization for Advancement and Integration in Medical Sciences. I became the Editor In Chief of National Journal of Medical Sciences. And also working as Editor in Journal of International Academic Research for Multidisciplinary and International Journal of Interdisciplinary Current Researches. I was selected as Member of Board of Studies, Rajiv Gandhi University of Health Sciences, Bangalore. Also I was invited as guest faculty for MET workshops.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

I am working on scientific learning since last few years. I have worked and published papers in MET and am committed to continue the same in future. I always try to make realize the importance of MET to the junior teaching faculty members and post graduate students.

4) Suggest one change you would like to see in medical education in India.

The training in Medical Education in India presently is based on the research done in other (developed) countries. It is essential to do basic research in the Medical Education in India and train the medical teachers accordingly. The Met training must not be limited up to the workshop but efforts be made to bring it in actual teaching.

5) Give a brief message to your fellow FAIMERians.

Come, join hands, let's work together to transform the Medical Education in India.



Dr. Sanjay Gupta

GSMC FAIMER fellow 2011

Associate Professor,
Forensic Medicine & Toxicology,
Pramukhswami Medical College,
Karamsad, Dist-Anand (Gujarat)

1) How has your professional journey been so far ? Highlight your “AHA” moments- both professional and personal.

I am very much enjoying my personal and professional life. Journey in Medical education after finishing my FAIMER Fellowship is great. I enjoyed once my FAIMER project had been recognized in India and abroad which gives me AHA moment in real sense.

On the personal front enjoying being father to my, now 6 year old, daughter.

2) What has been the impact of the FAIMER fellowship on your career?

Presently I am working as Resource Faculty in MCI Regional Center for MET at Pramukhswami Medical College, Karamsad. This center is recently recognized among 7 nodal centers for advance course. The convener of the center has recognized my contribution and I have been actively involved in managing many responsibility at the center. My personal way of teaching & learning has been completely transformed. This is possible only because of GSMC FAIMER Fellowship.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

I see myself working more towards development of my department, MET and Institute as a whole. I see myself as MCI observer for MET workshop conducted at the centers allocated to us quite soon.

4) Suggest one change you would like to see in medical education in India.

Teaching will be replaced by facilitation, more skill based than just sharing information.

5) Give a brief message to your fellow FAIMERians.

Do some thing which is worth to society at large; Don't do just for doing and for personal benefits.



Dr. MVR Reddy

GSMC FAIMER fellow 2011
Director-Professor & Head
Department of Biochemistry
Mahatma Gandhi Institute of Medical Sciences
Sevagram, Maharashtra

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal.

Coordinating as Head the activities of the Dept. of Biochemistry for the past 12 years; Developed a fully equipped molecular biology lab; Principle investigation for research projects funded by DBT, DST, UGC, ICMR, WHO; Guided Ph.D. students and equal number of MD students; Published about 130 papers, has 2 patents registered; developed ICT test for Filariasis (under commercialization); Maintaining National Repository for Filarial parasites & reagents supported by DBT, Govt. of India; Research collaborations and working experience at Harvard School of Public Health, Johns Hopkins Medical School & University of Illinois Medical College at Rockford, USA.

Became FAIMER fellow from GSMC; Member of Medical Education Unit at MGIMS; Course faculty for MET Basic Courses; Faculty Member for MUHS Research Methodology Courses; Received MUHS Best Teacher Award. Gave two orations at National Level Conferences; General Secretary for the Association of Clinical Biochemists of India for 6 years. Represented ACBI and INDIA in Asian Pacific Federation of Clinical Biochemistry (APFCB), currently in International Federation of Clinical Biochemistry (IFCC).

2) What has been the impact of the FAIMER fellowship on your career?

Two years of exciting journey of FAIMER Fellowship programme taught me many things which were not learnt in my three decades of medical teacher career. My teaching sessions became overwhelmingly interactive in UG and PG classes and in the MET courses. I have always been student friendly. But now I have learnt looking more and more from students' perspective and this influenced me as HOD to make my departmental teaching more effective and learner oriented. FAIMER programme has enhanced my ability to accept others, communicate more easily with colleagues and to work more effectively in a team.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

I am not looking for any higher positions. Yes, whatever may be my position in future, I very much would like to continue to make use of the the expertise and the skills I have acquired from FAIMER course to facilitate and train the medical students at UG, PG and Ph D levels in the coming years.

4) Suggest one change you would like to see in medical education in India.

Quality improvement (semester and grades systems with emphasis in formative assessment) with student friendly atmosphere and a system that recognizes and rewards the merit and academic contributions of the faculty.

5) Give a brief message to your fellow FAIMERians.

As we will be spending 1/3 of life in work teaching and training, choose wisely & do something that counts.



Dr. Sujata Patwardhan

GSMC FAIMER fellow 2011

Prof. & HOD of Urology

KEM Hospital, Parel, Mumbai.

1) How has your professional journey been so far ? Highlight your “AHA” moments- both professional and personal.

AHA moments : Past president Dr. Abdul Kalam released my book on controversies and consensus in BEP in Jan 2014.

When Actor Amir khan spent time for organ donation

2) What has been the impact of the FAIMER fellowship on your career?

Not only useful professionally but also to manage personal issues changed my attitude towards medical education.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

What do I want to see myself after 5-8 yrs : I still will want practice and to operate as a surgeon. Want to train in robotic urology. Want to start fellowships in sub specialities and give the dept an international exposure. Write academic books and lots of articles.

4) Suggest one change you would like to see in medical education in India.

Change the way students are assessed in exams and make them oriented to proper practices (sop of management, better management of my patients). It should not be limited up to the workshop but efforts should be made to bring it in actual teaching.





Dr. Sarala Menon

GSMC FAIMER fellow 2011

Associate Professor

Department of Microbiology,

Grant Medical College &

Sir J. J. Hospital, Mumbai.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal.

Leading two major sections of our department to NABL accreditation.

2) What has been the impact of the FAIMER fellowship on your career ?

Progress in my career graph.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

In a better position contributing significantly in both i.e. in my profession & medical education.

4) Suggest one change you would like to see in medical education in India.

To be more skill oriented

5) Give a brief message to your fellow FAIMERians.

FAIMER Family like branches on a tree, yet our roots remain as one We all “FAIMERian” grow in different directions,



Together We Can...



Dr. Santosh B. Salagre

GSMC FAIMER Fellow 2011

Associate Professor

Head of Unit, Internal Medicine

In Charge – Hypertension Services

Seth G. S. Medical College & KEM Hospital,
Parel, Mumbai.

1) How has your professional journey been so far ? Highlight your “AHA” moments- both professional and personal.

My professional journey is interesting so far. It was only recently, after completing 4 decades of my life that I was rather forced to capture new qualifications by my mentors, Dr Sanjay N Oak sir, who gave me inspiration to do management studies (PGDHMM, PGDMLS and MBA in Hospital & Health Care – 2010). Later Dr Avinash Supe sir pushed me into FAIMER Fellowship (2011 batch).

AHA moments – Proudly the first teacher with MBA qualification in the institute and the first teacher with FAIMER Fellowship in the department! This led to waves of AHA moments - I was appointed as Assistant Dean administration (Addl. charge), deputed as Officer on Special Duty at Seven Hills hospital- Andheri, appointed as working president of Rs. 54 crs. turnover KEMH Employees Credit Society, successfully completed task as MCI inspector for the complicated Hon. High Court cases. Recent task by MUHS for conducting MD examinations as a youngest convener was too exciting! And above all, I am able to motivate medical teachers for FAIMER Fellowship.

2) What has been the impact of the FAIMER fellowship on your career ?

The FAIMER fellowship has a great impact now on my career. The project of 'Communication Skills Assessment & Enhancement for PG students' is now accepted by my department as a part of curriculum and is successfully implemented for consecutive three years. My dream project on 'Structured Clinical Training for the UG students during first clinical exposure' is ready for presentation at NCHPE 2014. 'The involvement of UG medical students in patient education and counseling' is now being implemented.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

In next 5-8 years I want to see myself as 'a Good Clinician & Hypertension Specialist' in my own profession and as 'a self motivated progressive medical educator who is accommodative to global changes in medical education.'

4) Suggest one change you would like to see in medical education in India.

The most important and only change I would like to see in medical education in India is "The medical teachers should strongly accept that they themselves need to change."

5) Give a brief message to your fellow FAIMERians.

The noble profession we are in, Health and Happiness will follow.



Dr. Uma Hemant Shinde

GSMC FAIMER fellow 2011

Professor (Additional)

Department of Biochemistry,

Seth G.S.Medical College &

K.E.M. Hospital, Mumbai.

1) How has your professional journey been so far ? Highlight your “AHA” moments- both professional and personal.

There are just three years since I have come in contact of FAIMER and its family. From 2011, FAIMER has become a part of my life, both professional and personal. FAIMER has created a family of Medical Faculty of all medical subjects and the fields related to Medicine like OT& PT, Nursing, Computer technology, Information technology ,Management of Medical Teaching. It is helping to grow the participants by all means. I know I have somebody who can offer me help in my specialization as well as In personal aspects. This association will be offering me the help without asking anything in return, which is very rare in human life.

I donot know in terms of percentage how much I have achieved, but I am sure I have a path ahead of me which is unique but not without friends to share the success & defeats or losses. This feeling is very nice which offers you the feeling of togetherness (&strongness) as an medical educator and as an independent entity. This emotions got powerful especially when I shared my thoughts with the participants of MCI Basic MET Course as an observer.

2) What has been the impact of the FAIMER fellowship on your career?

FAIMER has offered the confidence and knowledge of teaching technology and given the angle to apply it so that the subjects reaches the learners. It opens up the avenues to the learnres and they themselves can tackle the topic very well. Even if all aspects are not covered in stipulated time ,it does sensitize the learners for steering the path ahead. The Integrated learning process, case based studies and other modalities help to think differently while facilitating the topic.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

After 5-8 years I may have low horizon in regular medical teaching positions but I will definitely be a counselor or educator cum social friend in the society.

4) Suggest one change you would like to see in medical education in India.

There will be no boundaries of subjects to teaching. The biochemical aspects will be stressed well in integrating the teaching & learning as speciality and super speciality levels.

5) Give a brief message to your fellow FAIMERians.

It is nice to have a sweet dream like FAIMER fellowship early in your life so that the medical educator knows how there are thousand ways one can progress in life in profession & personal front.



Dr. Phalke Deepak Baburao

GSMC FAIMER fellow 2011

Professor in Community Medicine,
Rural Medical College,
Pravara Institute of Medical Sciences,
Loni, Dist. Ahmednagar, Maharashtra.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal.

Professional - Completing undergraduate and postgraduate medical education from Government Medical Colleges, in first attempt and getting timely promotion in job.

FAIMER fellowship was like feather in the cap which changed my outlook about HPE and gave me proud feeling of belonging to global network of eminent persons who listen to me, guide me, give support and encouragement in difficulty and problems.

Becoming good teacher and researcher, with 107 citations ,h- index 5, i- index 2 (as on date)

Personal - I lost my mother, this incident made me realize that DEATH is certain for all of us and we must live each moment fully and understand true purpose of life.

2) What has been the impact of the FAIMER fellowship on your career?

- *Understood importance of lifelong learning in personal and professional career
- * Realized wide horizon of health professional education
- * awareness about own strengths and weakness, and ways for improvement
- * Shift from teacher centered approach to learner centered approach
- * Opportunities and expertise from local, national and international resource persons and organization.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

Will try to devote in service of humanity through good teaching, research and community service irrespective of place and position in a small little way....

4) Suggest one change you would like to see in medical education in India.

Change in Article of rule of Indian Medical council wherein MCI has to take approval of Health ministry in implementing academic changes; so it takes many years of delay in conceiving new ideas and actual implementation by medical colleges-for undue delay in sanction by nonmedical personnel. This will deteriorate the quality of medical graduates and in turn affect health of nation adversely in a long run. MCI should have complete autonomy in this regard.

5) Give a brief message to your fellow FAIMERians.

There is lot of suffering in mankind of Global village now, together we can change the scenario in local situation by sharing ideas and bringing them in action, through fellowship, universal brotherhood and purposeful action. It is better to light a candle than to curse darkness....



Dr. Rajneesh Pandey

GSMC FAIMER Fellow 2012

Assistant Professor (Anatomy)

Seth G. S. Medical College & KEM Hospital,

Parel, Mumbai.

1) How has your professional journey been so far ? Highlight your “AHA” moments- both professional and personal.

I joined as faculty member in GSMC KEMH MCI Regional Centre for Faculty Development in 2013 and am actively involved in conducting MCI Basic course in Medical Education Technology since then.

2) What has been the impact of the FAIMER fellowship on your career?

The traditional training model for professional development locates knowledge about teaching and learning but FAIMER nurtured me with leadership quality and managerial skills. This will not only help me to manage the people but also helped me to move from operational manager to strategic leader. Now, I am able to critically evaluate conflict situation and then choose appropriate strategies to manage or resolve the conflict.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

In the current scenario of medical education, more emphasis is laid on research but the change that I would like to bring about in medical education is to lay more emphasis on social and moral values.

4) Suggest one change you would like to see in medical education in India.

In the coming years, I want to be proactive about learning new skills that will boost my performance and productivity in medical education and also in the subject of anatomy.

5) Give a brief message to your fellow FAIMERians.

I wish good luck to all FAIMER fellows and would like to encourage them to tackle problems from new angles, suggest new approaches and offer more creative solutions.



Dr. Abhay Nirgude

GSMC FAIMER Fellow 2012
Professor in Department of
Community Medicine,
Yenepoya Medical College,
Yenepoya University, Mangalore.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal.

First step towards my learning medical education was the certificate course in medical education technology which I have done during my post-graduation at GSMC, Mumbai. My first assignment of WHO-NPSP project has given me wider exposure as technical expert, administrator, manager as a part of monitoring and surveillance activities of the program. As a teacher I had started the journey in 2006 and started enjoying the learning process of training students and making teaching community oriented. My most successful placement was at KIMS, Narketpally during which I was part of ME unit as faculty, selected for FAIMER fellowship, and completed the project successfully. The most encouraging part was implementation of FAIMER project in the curriculum. Community diagnosis by participatory approach (PRA) i.e. FGD & Participatory mapping is now part of the teaching training of second MBBS students during their first clinical posting in community medicine. As a teacher, facilitator and NSS program Officer I have developed good rapport and trust with the students. I consider it as personal gain.

2) What has been the impact of the FAIMER fellowship on your career?

I learned to take initiatives in making teaching student centered and community oriented. I started getting more responsibilities and expectations from the college have increased many folds. I learned to motivate and inspire students to succeed in their carrier.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

I want to see me as teacher who makes efforts to learn continuously and to be a part of the change that I want to see in the medical education.

4) Suggest one change you would like to see in medical education in India.

Aptitude test for enrollment of medical students and need based medical education.

5) Give a brief message to your fellow FAIMERians.

Together we can and will make a difference.



Dr. Arpita Nishal

GSMC FAIMER Fellow 2012

Associate Professor,

Department of Pathology,

Govt. Medical College, Surat, Gujarat.

1) How has your professional journey been so far ? Highlight your “AHA” moments- both professional and personal.

My AHA moments is accepted to the batch 2012 FAIMER and excited to embark on this exciting journey. One of the best parts about being in teaching profession is that your happiness doesn't just come from within but also from seeing others succeed and knowing that you were instrumental in their progress, What I mean is, even today, when my students of 8-10 years ago come up to me and express their gratitude and acknowledgment, it fills me with a sense of satisfaction and fulfillment.

2) What has been the impact of the FAIMER fellowship on your career?

This fellowship has enhanced my teaching skills, taught me new teaching strategies, improved my student and patient interaction, presentation skills, management skills and leadership skills.

- I have learnt the art of collaborative learning.
- It has enhanced my knowledge and skill in areas of research.
- I was unaware of the importance of 'Reflection' as a major tool in learning, before I did this fellowship.
- It has sensitized me to all the innovations and changing trends in Medical Education.
- It provided me with an opportunity to connect with like minded people.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

In the next few years, I see myself involved in research activities not only in my subject but also educational Research. More importantly, I want to inspire and motivate students (both undergraduate and Postgraduate) in doing Research. I visualize myself as a Resource person and playing a key role in Medical Education related activities not only in my college, but also in other colleges of country.

4) Suggest one change you would like to see in medical education in India.

Encourage Research activities in Undergraduate and Postgraduate students.

5) Give a brief message to your fellow FAIMERians.

Start implementing and experimenting with whatever you have learnt. Without proper implementation, learning leads to failure.



Dr. Atul Manoharrao Deshpkar

GSMC FAIMER Fellow 2012

Associate Professor & Head

Department of Physiology,

Govt. Institute of Medical Sciences,

Chhattisgarh.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal.

It was big responsibility to act as Head of the Department in my early thirties, but that brushed me administratively. Working on the posts like Examination Superintendent, warden polished my leadership and problem solving abilities. I also became part of Medical Education Team at my institute and organized workshops and seminar at my Institute. I developed Yoga Research unit in my Department and encouraged various research projects. Organization of State level workshop in 2013 on Medical Education Technology was one of the recent activity. I also worked as Secretary of Indian Medical Association , Bilaspur branch 2013 which I stood to taste of time by bagging Best Secretary , Best Branch, Academic Excellence awards at State level. At national IMA level too we got award for best community services. Apart from these AHA moments at professional level successful completion of Akshataa's (my wife) post graduation in Physiology gave satisfaction at personal level.

2) What has been the impact of the FAIMER fellowship on your career?

I always had a zest to learn newer technology in medical education and physiology. I am thankful to Dr Hussain Ageely Dean FOM Jazan for making me member MEU. I experienced module based teaching pattern and learned intricacies in medical education. "Perfection is enemy of completion" always rings in my ear and that allows me to complete endeavors, rethink, reflect and rectify as aptly said nothing is permanent except change. So FAIMER has brought many positive changes in my attitude and When I proudly say about myself as office bearer of State IMA or Board of Studies member at Health Sciences University, I give credit of my success to training given at GSMC FAIMER family specially Dr. Avinash Supe Sir, Dr. Sucheta Dandekar Mam and there hardworking team.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

I expect areas like communication skills, linguistic skills and computing skills will be given due space in the curriculum of coming generation of medico. After five years I see myself as skillful Professor giving training to postgraduates in physiology at CIMS . Given a chance I will like to work with CG Ayush Health Sciences University in different capacities for the development of medical education in my state, and will also like to develop my Institute as Regional Center for imparting training in medical education in our state.

4) Give a brief message to your fellow FAIMERians.

My fellow FAIMERian believing our abilities and potential is the key of success.



Dr. Amol Hartalkar

GSMC FAIMER Fellow 2012

Associate Professor, Department of Medicine,
Rural Medical College & Hospital, PIMS (DU),
P.O. Loni (Bk) - 413736,
Dist. Ahmednagar (Maharashtra) India.

1) How has your professional journey been so far ? Highlight your “AHA” moments- both professional and personal. □

- Joined M.B.B.S. (1994) and M.D. (2002) at MGIMS, Sewagram.
- Shifted from private clinical practice to join medical teaching profession - MIMSR, Latur (2009) and then PIMS, Loni (2010).
- Started Diabetes specialty OPD and Rural population based Diabetes registry (2012).
- Birth of our 1st child-son Vedang, during my 1st GSMC-FAIMER contact session (2012).

2) What has been the impact of the FAIMER fellowship on your career?

1. The entire experience was an enriching one, which has provided me an opportunity to refine my role as - a teacher, researcher, planner and organizer.
2. It has helped me in shaping and strengthening my professional career as medical educationist and clinician.
3. I could motivate and guide other faculty members and students to take up medical education related research topics.
4. I have been invited as resource person to deliver talk on Health Professional education (HPE) and Health Research Methodology (HRM) programs in-house and from other institutes.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

In next 5-8 years I endeavor to have learned and refined new skills in clinical medicine and medical education. I see myself progressing in the same field, to the benefit of medical profession. After having proven myself as a good clinician, I intend to help shape the strategic direction of medical education in India by becoming a leading expert. I could do this in any number of official roles.

I see myself in a senior position (Professor / Head of department), having more responsibilities, coaching other faculties, students and managing more patients. I am interested in pursuing my career based on principles laid down by Hippocratic Oath. I can see many challenges lying ahead of me, which I am eager to experience.

The important thing is that I will continue contributing my abilities in a challenging and rewarding environment. And therefore, I am willing to invest my time, learning all aspects of the job towards professional advancement.

4) Suggest one change you would like to see in medical education in India.

Bringing uniformity and transparency in assessment methods, to create more skilled professionals.

5) Give a brief message to your fellow FAIMERians.

It is about realizing you can do anything you want to do but you need to get off your duff and just do it. Get help. But do it! Everything starts with the first step.

Sensitize, encourage your colleagues to join FAIMER, by making them aware about its



Dr. Nirmal Anil Pathare

GSMC FAIMER Fellow 2012

Head, Department of
Pre-clinical Basic Sciences,
Professor of Microbiology
Oman Medical College,
Muscat. OMAN.

1) How has your professional journey been so far ? Highlight your “AHA” moments- both professional and personal. □

Awarded “Best Professor in Microbiology” by the Asian Education during Leadership Confederation, Dubai (2013). Awarded “FURAP GRANT” for the project “Screening of Hospital & Health center visitors in Oman for MRSA carrier status”; This is a STUDENT PROJECT carried by a team of UNDERGRADUATE students working on the community project under my guidance (2013): The Faculty Mentored Undergraduate Research Award Program (FURAP) scholarship is granted by The Research Council of Oman (TRC) to Higher Education Institutes, Colleges and Universities in Oman. This was the only project which was selected from amongst several projects submitted by Private Medical colleges in Muscat.

2) What has been the impact of the FAIMER fellowship on your career?

FAIMER gave me a better focus towards Medical Education. Moreover, the FAIMER family has been a great support in my professional development.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

If I am going to be in Oman: I will work on developing better teaching – learning methodology, trying to minimize the language barriers while understanding the intricate cell level concepts. If I return to India: I would like to get involved in Immunological Research projects and guide PhD research students.

4) Suggest one change you would like to see in medical education in India.

I don't think I am in a position to suggest not being in India.

5) Give a brief message to your fellow FAIMERians.

There is lot to do for those who want to make a difference & obstacles are many; but if we work together with friends, not only we can achieve all dreams but even make the journey enjoyable.



Dr. Noorin Tabriq Bhimani

GSMC FAIMER Fellow 2012

Assistant Professor, Dept. of Physiology,
Lokmanya Tilak Municipal Medical College,
Sion, Mumbai-400022.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal. □

My destiny in medical education began when I joined M.D. in Physiology. By and large in India, Physiology department happens to be a purely academic department with some research activities. We tend to learn some aspects of teaching and learning with some mechanistic of assessment. It was mind blowing to know medical education encompasses such a wide gamut of topics. Even though we do not get practice all that, thanks to FAIMER to introduce and expose to this area which is so under presented and least practiced. As far as my personal interest is concern, it gives me adrenaline rush to know what is it is? When I joined after my maternity leave, Dr. Anita (fellow GSMC FAIMER) informed us, regarding FAIMER fellowship. I was really excited to know what is it? It has pacify instincts of knowing.

2) What has been the impact of the FAIMER fellowship on your career?

FAIMER fellowship gave me a chance to know the field of medical education. There are many topics of practical significance like leadership and management of people. The qualitative research is the topic we usually don't get exposed to which so important and addressed well. It has moulded my understanding and I hope it molds my career pathway.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

I wish to contribute to the field of medical education and physiology by applying the knowledge gained at FAIMER session when opportunity arises.

4) Suggest one change you would like to see in medical education in India.

I hope that let young medical educationist grow in the field of medical education. Let them have a chance to contribute to medical education and thus our society.

5) Give a brief message to your fellow FAIMERians.

Implement as much as you can of what we learn and contribute to betterment of medical education and society.



Dr. Mukeshkumar B. Vora

GSMC FAIMER Fellow 2012
Associate Professor in Pharmacology,
GMERS Medical College, Gotri,
Vadodara-390021, Gujarat (India)

1) How has your professional journey been so far ? Highlight your “AHA” moments- both professional and personal.

Selection for GSMC FAIMER was biggest AHA moments of my life. Other are, became external as well as internal examiner in different university. Encourage all UG students for research project at UG level sponsored by STS-ICMR and till date 05 students got ICMR Scholarship under my guidance. Successfully start undergraduate research project from ICMR-STC scheme With FAIMER.

2) What has been the impact of the FAIMER fellowship on your career?

Great impact, well defined goal before starting any project, lecture, organize events etc. Very good leadership, network with biggest educationalist, increased interest medical education.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education? □

As a professor & head in our profession and may get IFME or MHPE during this period in medical education.

4) Suggest one change you would like to see in medical education in India.

Improve and better doctor as teacher- students relationship and also improve doctor as UG/PG student- patient relationship. Stop Business in Medical Education field.

5) Give a brief message to your fellow FAIMERians.

Nothing is IMPOSSIBLE but *IMPOSSIBLE MEAN I M POSSIBLE*

Do not FORGET your subject behind FAIMER Fellowship but improve and increased performance in your subject with help of knowledge, attitude and skill of FAIMERians.



Dr. Supriya John

GSMC FAIMER Fellow 2012

Assistant Professor,
K. J. Somaiya College of
Physiotherapy, Mumbai.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal.

E-poster presentation at 10th asia pacific medical conference at national university of Singapore, Singapore.

2) What has been the impact of the FAIMER fellowship on your career?

Learned and implementing team building, improved skill of time management.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

I wish to see development of departmental academic as well as clinical activities. I would like to implement new methods to encourage students in active participation of learning.

4) Suggest one change you would like to see in medical education in India.

Examination systems and implementation of integrated teaching methods.

5) Give a brief message to your fellow FAIMERians.

I think to see the change, someone needs to start that someone should be yourself.



Dr. Rajeet Saxena

GSMC FAIMER Fellow 2012

Head, Department of Professor & Head,
Department of General Pathology &
Microbiology, Sinhgad Dental College &
Hospital, Pune- 411041.

1) How has your professional journey been so far ? Highlight your “AHA” moments- both professional and personal. □

I joined FAIMER family in 2012 and it was a turning point in my life. It lead to more such AHA moments.

1. I felt honored when I was invited to an international conference, “Towards Unity for Health” (TUFH) in Thailand to conduct workshop on “Gibberish Technique” in November, 2013.
2. I conducted “Stress Management” workshop for medical teachers at Dhaka. I also presented my innovative “Railway Bio Toilet Project” at the conference conducted by Public Health Foundation of Bangladesh in December 2013.
3. I am in 'AHA' mode to conduct 3 Stress Management workshops in Bangladesh for medical teachers in the near future.

2) What has been the impact of the FAIMER fellowship on your career?

It has been an enriching experience for me. I got more opportunities to conduct workshops on stress management in different countries and at different places in India for people in all walks of life. I learnt computer skills and published 10 Research Papers in National and International Journals in Microbiology and medical education in 2012-13. It has enhanced my creativity which has enabled me to be innovative in the field of medical education.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

I see myself as an innovative educationist who is able to ignite young minds to achieve excellence in Microbiology and the medical field. I want to write two books, one on Stress Management and other on Microbiology.

4) Suggest one change you would like to see in medical education in India.

Stress management program must be included in the Curriculum prescribed by MCI, DCI and other health courses. Basic Medical Education workshops should include Stress Management program too.

5) Give a brief message to your fellow FAIMERians.

We need to come out of the boundaries of caste, creed, nationalities, religions and develop a new humanity. We need to evolve from being Homo-sapiens to Cosmo-sapiens.



Dr. Saeesh Deshpande-Deshmukhi

GSMC FAIMER Fellow 2012

Reader in Dept of Prosthodontics,

VSPM's Dental College &

Research Centre, Nagpur.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal. □

I guess I was very fortunate to get a PG seat at first attempt in the subject I liked. After finishing my PG I worked as lecturer in the same department for two years. In the meanwhile I also started my consulting practice. I enjoyed being in academics and wanted to teach my students in a way that would make them love the subject of prosthodontics. I was very touched when the students didn't want me to leave the college after completion of the bond. I joined my parent institute and was promoted as a reader soon. I got married the following year to the most lovable person I have ever met...!! I got selected for FAIMER fellowship at GSMC in 2012. I became a mother of a sweet little baby girl named Juee.

2) What has been the impact of the FAIMER fellowship on your career ?

It gave me immense amount of professional satisfaction and the confidence that I can make a difference in students' life by being a good teacher. With the help of our Dean I was able to start Dental Education Technology Unit in our college inaugurated by VC of MUHS Dr. Jamkar. I was invited as a guest speaker at our national speciality conference to talk on Prosthodontic Education. I have received lot of recognition at my institute, I have guided many FAIMER aspirants on their Projects and it was very satisfying that seven people applied from our college alone this year to FAIMER....!!

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education? □

Wish to continue my project as it has received very positive response. Wish to conduct workshops at our national specialty conference every year especially for all prosthodontic educators and sensitize them about various developments in dental education. Write a book on dental education, PhD in HPE.

4) Suggest one change you would like to see in medical education in India.

It should become more socially responsive. It should impart training for professionalism, ethics to the students.

5) Give a brief message to your fellow FAIMERians.

It was a great joy knowing you all. Let's work towards creating a new breed of healthcare professionals who would be the 'Healers' in true sense of word.



Dr. Maria Pauline

GSMC FAIMER Fellow 2012
Associate Professor,
Department of Physiology,
St John's Medical College,
Bangalore.

1) How has your professional journey been so far ? Highlight your “AHA” moments- both professional and personal.

Professional : My Professional journey has been very satisfying. AHA moments were When I was accepted as a FAIMER fellow 2012 and as a Faculty in our Institutional Medical education department.

Personal : My life has been blessed abundantly. Hard work, positive outlook, family and friends have enriched my life. AHA moments - My daughter's birth is still an unforgettable memory & Making my own house, a fulfilling experience.

2) What has been the impact of the FAIMER fellowship on your career?

- Faimer fellowship has given me recognition.
- Is continuously training me towards enhancing my teaching skills.
- Being a resource person in the medical education department challenges me to improve my presentations and thus keeps me learning.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

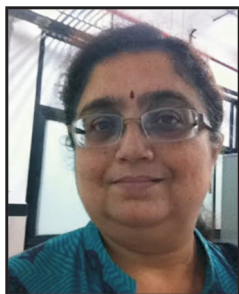
I see myself teaching physiology with passion and inculcating the same among the faculties in my department & Institution. This will make learning interesting, be it for the undergraduates or post graduates.

4) Suggest one change you would like to see in medical education in India.

I would like to see that medical education in India is able to inspire and assist teachers to excel in their duties towards imparting medical knowledge and skills to all medical students. May be able to bring a change in the systems in our country to make medical education available to all those who are eligible and sincerely aspire to dedicate themselves to bring health and healing equally to ALL Indians, regardless of socioeconomic status, wealth, religion, caste and language.

5) Give a brief message to your fellow FAIMERians.

Let us utilize this privilege of being connected with FAIMER family to enhance training of Medical Students to serve mankind.



Dr. Vishala Kautilya Pandya

GSMC FAIMER Fellow 2012

Professor, Dept of ENT & Head,
Neck Surgery GMERS Medical College,
Gotri, Vadodara.

1) How has your professional journey been so far ? Highlight your “AHA” moments- both professional and personal. □

I come from the family of teachers. I always wanted to become a teacher. I was very happy when I got the first job as Assistant Professor soon after I passed my MS ENT. That was the first AHA of my life !

My job was in the same institute from where I did my graduation and post graduation. I behaved and felt as student more often than as teacher for many years. Though I did not realize at that time, but that was my AHA life!!

I consider myself very lucky as I got my very first training in the field of medical education at GSMC-KEMH- MCI Nodal center in sept 2010. All the things I wished and wanted, are readily and systematically available ! The biggest AHA of my life !!! Only thing required was to train myself in this field. I took all available opportunities to learn and implement various concepts of medical education. In June 2012, when Dipti called me if I can come to Mumbai in two days to join the FAIMER Fellowship programme as one of the selected person was not able to make it and I was already in the wait-list, I jumped with one more AHA!!!!

2) What has been the impact of the FAIMER fellowship on your career?

The FAIMER fellowship has given me a new goal of my career. It has also provided the path to the goal. I got good company and most important: the confidence, for heading towards my new goal by this fellowship program.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

Presently I shuttle to and fro between “ Ekala chalo” and “Saathi hath badhhana”. Both difficult ! In next 5-8 years, I see myself in a team internalizing medical education in the department and institution.

4) Suggest one change you would like to see in medical education in India.

Before recruitment as a medical teacher, one has to appear in the aptitude test of liking for teaching. Those with little or no liking for teaching should not be given the job of medical teacher.

5) Give a brief message to your fellow FAIMERians.

Two holy and noble professions in our word: Teacher and Doctor. We are lucky to be both. Let us keep improving: a step ahead in both the professions and pay our gratitude.



Dr. Sangeeta Jayant Pednekar

GSMC FAIMER Fellow 2012

Professor Medicine,

I/C Geriatric Services,

Lokmanya Tilak Municipal Medical College

& General Hospital, Sion.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal. □

Professional : 1. Passing MD Medicine in 1992.2.Become Professor Medicine in 2009.3. During Each article publication. 4.Dr. Shurvirsingh Award at APICON 2012.(National).5. Award of Honorable posts – Asst. Co-ordinator MEU,Ethics committee member at LTMMC ,Treasurer MAP.etc.6. While article gets published. Of course, Selection for FAIMER 2013.

Personal : My daughter's success in academics flourished my life .(95% in Xth std & stood 1st in English language of HSC board). She is in 2nd year BDS now. While doing Social service by arranging Camps, delivering lectures for community.

2) What has been the impact of the FAIMER fellowship on your career?

FAIMER promotes excellence in health professional education. FAIMER Faculty Team is dedicated TEAM under the leadership of Dr. Supe Sir., having complete knowledge, leadership skills and capable of change management.

After attending FAIMER workshop in June 2013,I understood the pitfalls in today's education and examination systems. I tried to optimize my learning by conducting many workshops in MEU subject .Actively participating in ML-WEB discussion on diff. topics, I improved my knowledge and learning. Doing FAIMER project gained in me leadership and management skills. It is very systemic and organized team work. I could convince the required change to my seniors and Colleagues.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

I want to become better Geriatrician as I am involved in managing Geriatric patients. I want to start Fellowship in Geriatrics and get this subject for MD degree. I want to improve myself in Medical Education field and become FAIMER Faculty If could get a chance A Good Administrator and some position at MUHS University.

4) Suggest one change you would like to see in medical education in India.

I will like to include innovative practices in medical education, design, implement and assess competency based curriculum. Include change management and ethical leadership in education.

Reflective Practice: Looking back to look ahead.

5) Give a brief message to your fellow FAIMERians.

FAIMER seeks to improve the health of communities by improving health professions education. FAIMER concentrates its efforts in faculty development, targeted research that informs health workforce policy and practice, and development of data that advances educational quality improvement decisions.



Dr. K. N. (Sanjay) Dandekar

GSMC FAIMER Fellow 2012

Professor and HOD Surgery,
Coordinator MEU, SMBT Institute of
Medical Sciences & Research Centre,
Dhamangaon Taluka-Igatpuri, Dist- Nashik.

1) How has your professional journey been so far ? Highlight your “AHA” moments- both professional and personal. □

Year 2010 was turning point when I was introduced to MET by my HOD Dr. Baviskar. He introduced me to Dr. Vivek Saoji, who guided me about FAIMER. Then I completed Basic MET and Advanced MET at MUHS Pune where I met Dr. Payal Bansal and Dr. Vivek Saoji in person. They opened the treasure of MET information and said this is yours, take it all !!! In these sessions I met personalities like Anshu Mam, Rashmi Mam. All of them had a special qualification of FAIMER. Most of the faculty at MUHS were FAIMER fellows. It became my dream to achieve this FAIMER status. My first bid was not successful. Meanwhile in August 2011, I went to JIPMER Pondicherry for NTTCC. The dream of FAIMER became reality in 2012 when I got the email of selection at GSMC FAIMER. The first session at GSMC FAIMER with Supe Sir and Nima Mam is something to remember for life time.

2) What has been the impact of the FAIMER fellowship on your career?

I am not lying when I say that “What I am today is because of FAIMER ” My teaching career developed at RMC Loni . I joined GSMC FAIMER in 2012 while I was Associate Professor. My research work improved with my FAIMER experience and I was able to add two indexed publications to my previous publications. I was promoted to deputy Coordinator of MEU at RMC Loni and also became Professor Surgery in 2013.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education? □

I am in this profession of education by choice, not by force. Being HOD of Surgery department I wish to bring every modern facility in my department. I want to continue this journey of education. I have this new institute where I want to implement MET in practice and sensitise more people to adopt MET. A decided personal aim is to continue my FAIMER association further by attempting further higher FAIMER goals. On personal account a change of institution has now brought me under MUHS University. With this I am thinking of pursuing Ph. D in Medical Education.

4) Suggest one change you would like to see in medical education in India.

MCI had made MET courses mandatory for faculty. On similar line I feel that MET basic course should be mandatory for all PG students as they are involved in UG teaching. It will sensitize and help the resident to improve their teaching skills. Microteaching also should be mandatory for PGs.

5) Give a brief message to your fellow FAIMERians.

“Let us keep in touch. Together we can cross any mountain.”



Dr. Syed Shefnaz Ilyas

GSMC FAIMER Fellow 2012

Assistant Professor in Pharmacology,

Gulf Medical University (GMU),

Ajman, United Arab Emirates.

1) How has your professional journey been so far ? Highlight your “AHA” moments- both professional and personal.

I have two “AHA” moments in my professional life : completion of Graduate Diploma in Health Professions Education and selection to the GSMC FAIMER institute. Both these had profound influence, not just professionally but also changed me personally.

My personal “AHA” moments were my marriage and the birth of my two children, a daughter and son, making a complete family.

2) What has been the impact of the FAIMER fellowship on your career?

GSMC FAIMER has welcomed me wholeheartedly into their family and I feel a part of their extensive network. Though many of the alumni are not known to me personally, I have shared their joys and sorrows through the ML web. Their professional achievements have inspired me to pursue my aspirations with full force. Moreover, FAIMER fellowship has helped me to handle professional conflicts and change management in a more positive way and has inculcated mentoring skills in me.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

I aspire to be part of the Institutional Curriculum Committee and make more positive changes in the educational activities of our institution. I also want to be a good mentor to junior faculty and guide them for FAIMER fellowship and any other aspirations they have professionally.

In medical education, my aim is to get a Masters and then a PhD.

4) Suggest one change you would like to see in medical education in India.

I really cannot comment on this but the change I would like in medical education in UAE is in the entry criteria for MBBS.

5) Give a brief message to your fellow FAIMERians.

FAIMER is an experience in itself which impacts us professionally and personally forever. I feel that all FAIMERians should take that extra step in maintaining contact with their batch mates and Faculty who will be a sounding-board for all future successes and conflicts. The positive energy emanating from FAIMER will help us all to realize our dreams.



Dr. Lalita Chandan

GSMC FAIMER Fellow 2013

Professor (Additional)

Seth G.S.M.C and KEMH,

Acharya Donde Marg,

Parel, Mumbai-400012.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal.

Satisfactory so far. AHA moments : professional

- 1) Getting call from Supe sir ,himself on selection for Faimer fellowship
- 2) Being invited to review Arthur C Guyton's Textbook of Medical Physiology
- 3) Being invited as an examiner in Physiology by the National Board of Examinations

AHA moments: personal : Birth of my twins !!

2) What has been the impact of the FAIMER fellowship on your career?

It ended a long post-partum phase for me, and brought me back on track with respect to my professional career. It brought focus into my life regarding what I should do to grow and evolve as a professional medical educator.

It broaden my viewpoint about the teaching learning processes and made me aware of best practises in the field from around the world.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

I see myself as being involved in a meaningful way in activities such as curricular reforms in Physiology at the level of the state health university.

In my professional life as a Physiologist, I see myself evolving into a more competent and confident professional.

4) Suggest one change you would like to see in medical education in India.

Curriculum reforms in the undergraduate medical curriculum beginning with reforms of mind set of the people who are currently in positions to effect change.

Refinement in the assessment system for the MBBS course.

5) Give a brief message to your fellow FAIMERians.

We are privileged to be part of a distinguished family that shares a common vision. Together we can make a significant difference thus making health professions education more meaningful and relevant. Let us partner each other so that we can gain from each other's strengths and expertise. Our journey has just begun!



Dr. Kavita Krishna

GSMC FAIMER Fellow 2013
Professor of Medicine &
Rheumatologist,
Bharati Vidyapeeth University
Medical College & Hospital, Pune.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal.

AHA moments – Professional – 1. Took up MD Medicine course -1990. 2. Joined Bharati Vidyapeeth MC, Pune – 1995. 3. Got promoted to Professor Medicine – 2006. 3. Started additional Rheumatology speciality OPD – 2006 4. Started receiving invitations to review articles in various journals (since 2006); and review clinical modules, to write review articles and a book for post graduates by renowned publishers - national and international (2013).

AHA moments – Personal – 1. Marriage and moving from Mumbai to Pune 2. Arrival of my children – son Kalpesh 17 yrs and daughter Karmishtha 13 years – and with each of their achievements 3. Kalpesh topped ICSE ex in 10th std.

2) What has been the impact of the FAIMER fellowship on your career ?

FAIMER fellowship has been an enriching experience for me. It has broadened my perspective as a teacher. It has reinforced the learner in me. While doing my project I have become a bit knowledgeable with biostatistics. The ML web and list-serve has been very entreprising.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

Profession- A still better Clinician & Rheumatologist, sharper, more astute.

Medical Education – A still better educationist – more vision, better applications, hope to write some better books for undergraduate and post graduate clinical teaching.

4) Suggest one change you would like to see in medical education in India.

Examination system.

5) Give a brief message to your fellow FAIMERians.

FAIMER is an experience – that all medical teachers must go through. It is enriching and refreshing and gets the best out of us. It is a place of only positive thinking – so we all grow better. It is the UTOPIA of medical education, which we can transform into reality.



Dr. Mohammed Irfan Hanifbhai Momin

GSMC FAIMER Fellow 2013
Assistant Professor,
PSM Department,
Govt. Medical College, Surat.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal.

I started my professional carrier as tutor during my residency, then after passing MD I joined as assistant professor, during this period initially my lectures were not much effective. Then when I started searching for truth of this life and existence of GOD, then there was a sudden change in my life, it became very easy to understand all the concepts and it was very easy to correlate the things and my thinking became very broad, thereafter my lectures were also very much effective and students were also very happy. Once we understand the goal of human life then our target becomes very much clear and output is very much effective and beneficial for the humanity. The AHA moments of personal life is tour of the Kashmir, really a paradise on earth. Extremely beautiful, I would suggest every Indian should visit it at least once in their lifetime. I am also a carom champion of my college.

2) What has been the impact of the FAIMER fellowship on your career ?

Within a very short time I learned lots of new concepts. Due to FAIMER fellowship I became the MEU member of our college. I came in contact with very experienced and innovative FAIMERIANS.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

In next 5-6 years I see myself to be National trainer for HIV counselling skills.

4) Suggest one change you would like to see in medical education in India.

I think at present medical education system is very much theoretical it should be practical (skills) oriented and applicable to the local and national issues.

Secondly there is no any formal training or something for building up ethical practice in doctor community, so ethics should also be given enough importance in medical education system.

5) Give a brief message to your fellow FAIMERians.

You cannot learn everything, but whatever you do or learn give your full strength to it for the best quality outcome for the benefit of the humanity.



Dr. Dipti Lambade

GSMC FAIMER Fellow 2013

Asst. Prof., Dept. of Prosthodontics,
VSPM Dental College &
Research Centre, Nagpur,
Maharashtra.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal.

Professional : Secured 21st rank in the order of merit in 1988. Selected for National merit scholarship in 1988, MDS in 2010. Selected as FAIMER fellow in 2013. Instrumental in organization of 1st state level dental education conference in Jan 2014.

Personal : 11th June 1997 - Marriage with Dr. Pravin, 23rd June 2000, 14th August 2006
Arrival of Sushrut and Arnav in our family. 21st March 2003-Inauguration of my dental clinic My dream home – Jan 2009.

2) What has been the impact of the FAIMER fellowship on your career?

FAIMER fellowship has been an enriching experience for me. I could interact with many devoted personalities in the field of medical education. In dentistry there is lot of scope for innovative teaching-learning methods and targeted research. I will definitely use this platform to sensitize my colleagues for improving dental education and oral healthcare system.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

I would like to be a better teacher and better human being contributing effectively in the improvement of dental education.

4) Suggest one change you would like to see in medical education in India.

I think major reforms are necessary in the examination pattern. Efforts should be directed for competency based curriculum and value based approach.

5) Give a brief message to your fellow FAIMERians. □

FAIMER - It is an enriching and exciting experience to interact with all the dedicated and motivated personas in the field of medical education. This has transformed me into a focused person.



Dr. Sangeeta Jayant Pednekar

GSMC FAIMER Fellow 2013

Professor Medicine

I/C Geriatric Services

Lokmanya Tilak Municipal Medical College
& General Hospital, Sion.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal.

Professional: 1. Passing MD Medicine in 1992.2.Become Professor Medicine in 2009.3. During Each article publication. 4.Dr. Shurvirsingh Award at APICON 2012.(National).5. Award of Honourble posts – Asst. Co-ordinator MEU,Ethics committee member at LTMMC ,Treasurer MAP.etc.6. While article gets published.

Of course, Selection for FAIMER 2013.

Personal: My daughter's success in academics flourished my life .(95% in Xth std & stood 1st in English language of HSC board). She is in 2nd year BDS now.While doing Social service by arranging Camps, delivering lectures for community.

2) What has been the impact of the FAIMER fellowship on your career ?

FAIMER promotes excellence in health professional education. FAIMER Faculty Team is dedicated TEAM under the leadership of Dr. Supe Sir., having complete knowledge, leadership skills and capable of change management. After attending FAIMER workshop in June 2013,I understood the pitfalls in todays education and examination systems. I tried to optimise my learning by conducting many workshops in MEU subject .Actively participating in ML-WEB discussion on diff. topics, I improved my knowledge and learning. Doing FAIMER project gained in me leadership and management skills. It is very systemic and organised team work. I could convince the required change to my seniors and Collegues.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

I want to become better Geriatrician as I am involved in managing Geriatric patients.I want to start Fellowship in Geriatrics and get this subject for MD degree. I want to improve myself in Medical Education field and become FAIMER Faculty If could get a chance A Good Administrator and some position at MUHS University.

4) Suggest one change you would like to see in medical education in India.

I will like to include innovative practices in medical education, design,implement and assess competency based curriculum.Include change management and ethical leadership in education.

5) Give a brief message to your fellow FAIMERians.

FAIMER seeks to improve the health of communities by improving health professions education.FAIMER concentrates its efforts in faculty development,targeted research that informs health workforce policy and practice,and development of data that advances educational quality improvement decisions. FAIMER will develop a strategic plan for change management,enhance leadership in you.FAIMER-GOVERNANCE in MEDICAL EDUCATION. By which you become Education Expert and will lead to Healthier Community.



Dr. S. A. Rane

GSMC FAIMER Fellow 2013

Associate Professor,

Seth G.S. Medical College and KEM Hospital,

Parel, Mumbai-400 012.

1) How has your professional journey been so far ? Highlight your “AHA” moments- both professional and personal.

I wish I had started my FAIMER journey earlier, but though I have started a little late, I am enjoying it very much. Project is running smoothly. Time constrain is a major hurdle.

My son and daughter are both college students and I am trying my hardest to be a “cool” father.

2) What has been the impact of the FAIMER fellowship on your career?

My outlook on students' perception about how they would like my subject to be taught has been overhauled.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

I see myself not only as a better teacher but more importantly as an evolved listener. This is going to help me in introspection as a medical teacher.

4) Suggest one change you would like to see in medical education in India.

There have to be more government colleges / hospitals in rural India and the infra structure in existing ones require major improvements.

5) Give a brief message to your fellow FAIMERians.

Wonderful and innovative ideas exchanged by FAIMERians world over should not remain on paper but should be implemented.



Dr. Bangal V. B.

GSMC FAIMER Fellow 2013

Professor

Dept. Obstetrics & Gynaecology

Rural Medical College,

Pravara Institute of Medical Sciences,

Loni, Ahmednagar.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal.

My “AHA” moments have been many. It started with my admission through all India entrance at one of the premier institutes of the country ie MGIMS Sevagram. Scoring distinction in Obstetrics and Gynaecology opened gates for me to become a clinician in the specialty of my interest. I got opportunity to work with a National Polio Surveillance Project implemented by World health Organization in India. I have received few international travelling fellowships, which gave me the opportunities to see the developed world.

2) What has been the impact of the FAIMER fellowship on your career ?

I got opportunity to join FAIMER fellowship programme at GSMC-Mumbai in year 2013. It has helped to broaden my vision towards medical education technology. It has helped me to unlearn many conventional /traditional methods of teaching and learn newer innovative and effective methods. My involvement in academic activities and discussions on academic matters has increased. I am involved as resource person in teachers training activities carried out by MET cell of the university. Today ,I find myself a different (better) medical teacher than what I was before joining the FAIMER fellowship programme.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

I wish that the quality of medical education and the depth of knowledge and extent of skills acquired by medical graduate should improve.

4) Give a brief message to your fellow FAIMERians.

Friends, Let us play our individual role in imparting better quality of medical education and try to be the role model for others to follow.



Dr. Smita S. Chavan

GSMC FAIMER Fellow 2013
Assistant Professor,
Dept. of Community Medicine,
LTMMC & GH, Sion, Mumbai.

1) How has your professional journey been so far ? Highlight your “AHA” moments- both professional and personal.

Completing five years of being Assistant Professor with five publications, presented papers & poster in few local, two states, two National & one International conference.

Personal: Husband Paediatric consultant and Son of 4 years. AHA moment: Got MUHS approval for MD Family Medicine in LTMMC, Inspection is going to happen soon.

2) What has been the impact of the FAIMER fellowship on your career?

My four publications done only after joining FAIMER fellowship. More active participation in MET cell of the institute, conducted first Basic course of MET for getting MCI recognition. Conducted four MUHS approved Research Methodology workshops at the institute. Regular conduct of Research Methodology for Diplomat of National Board students. Formed google group in the dept for e office.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

I will be working for MET cell. I would like to work for FAIMER. More research projects in rural health & medical education.

4) Suggest one change you would like to see in medical education in India.

Inclusion of Allied posting like Nutrition/ Physiotherapy/Occupational Therapy at UG/PG level as per students interest. To consider 12th Exam Marks and CET marks 50%-50% each while Medical admission. Also consider marks of all MBBS years and CET marks 50%-50% each during PG admissions.

5) Give a brief message to your fellow FAIMERians.

If you wish something to achieve by heart, you will always get it with some hardwork.



Dr. Tushar Bharat Jagzape

GSMC FAIMER Fellow 2013

Associate professor,
Department of Pediatrics,
Jawaharlal Nehru Medical College,
DMIMS (DU), Sawangi (M), Wardha.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal.

My professional journey so far has been very smooth. I was very lucky to get a HOD who is like my mother. There have been many AHA moment in professional life. When I got promoted to associate professor and PG guide. When placed in the top 5 percentile by review committee of self appraisal of the university for the period of 2011-12. of appraisal report. Got STS approval for the 1st time. Signed 1st thesis done under my guidance.

2) What has been the impact of the FAIMER fellowship on your career ?

FAIMER fellowship has given me confidence and a new identity as a medical teacher. It has given me a new vision to look at medical education. I joined M.H.P.E at School For Health Professional Education and Research in DMIMS(DU). Participated in the Advance Course in health professional education which was conducted by the nodal center. In this I did a short research project on Perception of Medical Students about the communication skills lab and presented a poster which got selected as one of the best posters. I was appointed as one of the resource person for the basic medical education workshop. Nominated as secretary of Staff research society.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

I have registered for PhD in Pediatrics and hope to complete it in next 2-3 years. Would be working in the SHPER for innovations in medical education and motivate others to get involved in medical education for enhancing the teaching learning experience.

4) Suggest one change you would like to see in medical education in India.

-The assessment methods should be more valid (long case should really assess history taking and examination skills and not just theoretical knowledge which is happening at present) and grading should be used.

5) Give a brief message to your fellow FAIMERians.

I am extremely fortunate to be a part of FAIMER family. I feel that this is one place where everybody is willing to help each other without any personal interest. Everybody is striving for a large goal of making medical education more relevant, learner centered, pleasurable learning experience, which will definitely have a positive impact on the community health. Lot of other people (not in medical education) criticize us and try to put blocks in our way. We should use these blocks to build a solid foundation for medical education and one day these same people will join us to bring a qualitative change in Medical education.



Dr. Anju Kapoor

GSMC FAIMER Fellow 2013

Professor of Pediatrics,

People's College of Medical Sciences

& Research Centre, Bhopal, MP.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal.

I have been involved in teaching of undergraduates and postgraduates of medical, paramedical and nursing students. I am also a faculty for PALS (Pediatric advanced Life Support), NRP (Neonatal Resuscitation Program - basic and advanced courses), IMNCI and BPIC (Basic Pediatric Intensive Care) courses.

AHA Moments : I was pursuing my MD Obst and Gyne from Lady Harding Medical College, N Delhi but not getting adjusted to the routine even after 11 months of first year residency. Suddenly I got the opportunity to change my subject and I opted for MD Pediatrics from KGMU, Lucknow. That moment changed my life both personally and professionally.

2) What has been the impact of the FAIMER fellowship on your career ?

Though I am in the infancy of FAIMER fellowship (2013 batch), I learnt a lot from this program. It has modified my approach towards my students (now I think more from their perspective). I am also learning research methodology and grooming myself as a researcher. I became faculty for BLS (Basic Life Support) and BPIC (Basic Pediatric Intensive Care) courses in last one year and was invited as faculty at AIIMS, Bhopal for BLS course and National IAP conference at Indore for BPIC course. I was the lead faculty for 2 NRP courses in last one year. I participated as a facilitator in the “Research methodology workshop” for faculty (took a session on Cohort Study) and “PG orientation program” (took a session on framing research question) in my institute.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

A clinician who is well read and humane, a life-long learner, teacher, researcher and an effective mentor!

4) Suggest one change you would like to see in medical education in India.

Much more horizontal and vertical integration. Better assessment system

5) Give a brief message to your fellow FAIMERians. □

Please motivate your colleagues to pursue FAIMER fellowship as it gives you the opportunity to become a better teacher, researcher and leader.



Dr. Wasim A. Shaikh

GSMC FAIMER Fellow 2013

Professor, Physiology,

Pramukhswami Medical College,

Karamsad -388325, Gujarat, India.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal.

It has been a wonderful journey since I became a doctor (MBBS) in 2001, a moment which will be cherished for a lifetime, not by me alone but by my parents, brother, sister, family and friends. But, destiny had other plan to offer me which was very much different from the role which I would have played as a doctor. This was the plan of me working as a medical teacher and serving the humanity by creating primary physicians who would take care of the sufferings of human lives in a humble and scientific manner. Wow, came to my mind, when I joined Physiology as a tutor for preparing for Pre-PG exams and discovered that I had good teaching abilities and that student loved my teaching. This was the second greatest moment of my carrier, an achievement for which I don't have certificate but yes I do have those memories of the smiling faces of my students who requested me to make them learn and understand physiology. No publication, no best paper award or promotion has given me more satisfaction than the faith which students have in my teaching.

2) What has been the impact of the FAIMER fellowship on your career?

FAIMER Fellowship has had a significant impact on my career in the way my institute looks at me as a person who is inclined towards excellence in medical education. It probably played a crucial role in my promotion to the post of Professor in Physiology. But more than that I personally feel that it has helped me in better understanding the principles of medical education and enhancing my skills in medical educations such that in the years to come, I will apply these principles and skills for better medical education.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

I hope and believe that during the upcoming 5-8 years I will significantly contribute towards original research in clinical physiology especially cardiovascular autonomic function in health and disease. I also believe that I will sincerely work towards preparing and delivering a better medical undergraduate and postgraduate curriculum for our future doctors.

4) Suggest one change you would like to see in medical education in India.

I would love to see that medical education in India becomes student-patient centric which not only focuses on the medical sciences but also equally focuses on professionalism.

5) Give a brief message to your fellow FAIMERians.

It has been a wonderful journey which I had with you all and shall continue to have. You have been so humble and kind to make me feel special. Your encouraging comments and guidance has helped me grow during this fellowship program into not only a better learner but also a better human being.



Dr. Usha M. G.

GSMC FAIMER Fellow 2013

Professor of Microbiology,

J.J.M. Medical College,

Davanagere-577004,

Karnataka, India.

1) How has your professional journey been so far ? Highlight your “AHA” moments- both professional and personal.

1. When I had to cancel engineering admission & join medical course.

When I got MD microbiology PG seat in CET

When for the first time a corneal ulcer patient after regaining his vision, thanked me for doing investigations on his corneal scrapings.

When my application for FAIMER fellowship was selected

Personal:

1. Marriage with Dr. Umesh. G. S

2. When Abhishek, my son was born

3. When my son received admission to medical course.

2) What has been the impact of the FAIMER fellowship on your career?

Feel proud & privileged to be a member of FAIMER family. It is a great learning experience. It has improved my administrative & managerial skills. It has improved the level of patience in me and made me become more students friendly & sensitive to the learning needs of students. Doing project has improved my knowledge & skills in medical research.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

Profession : To become still better clinical microbiologist

Medical education : to become a better teacher

4) Suggest one change you would like to see in medical education in India.

I would like to see medical schools producing doctors who are more sensitive to the health needs of patients.

5) Give a brief message to your fellow FAIMERians.

FAIMER is a wonderful experience !

It can change the medical education from existing stage to a better one provided we all implement the concepts in to practice.

Let all of us put our hands together to achieve this.



Dr. Pankaja Raghav

GSMC FAIMER Fellow 2013

Professor & Head,
Department of Community Medicine
& Family Medicine, AIIMS, Jodhpur.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal.

Received Gold medal for standing First in PGDHHM Examination by Vice president of India, awarded Most popular & Best teacher award by D Y Patil University, selected for GSMC FAIMER Fellowship and awarded Membership of National Academy of Medical Sciences . Marriage & arrival of my daughters; Aaradhya X std & Anushka VI std. Both are doing very well academically & in extracurricular activities e.g dance & singing.

2) What has been the impact of the FAIMER fellowship on your career?

My FAIMER fellowship project on competency based curriculum for undergraduate medical students expanded my network of professional colleagues.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

I intend to practice evidence based medicine in my discipline and in medical education.

4) Suggest one change you would like to see in medical education in India.

Competency based Medical Curriculum

5) Give a brief message to your fellow FAIMERians.

It is a great to be FAIMERIAN.



Dr. Lalita Fernandes

GSMC FAIMER Fellow 2013

Professor,
Department of Pulmonary Medicine,
Goa Medical College,
GOA.

1) How has your professional journey been so far ? Highlight your “AHA” moments- both professional and personal.

Very Successful. Have numerous publications in International and National Journals. I present research papers at International and National conferences. My students win awards at International and National Conference. I have been MD and Diploma examiner in Pulmonary Medicine, PG guide and Executive member of the Goa Association of Chest Physicians. I am the Course Director in Research Methodology at various forums.

AHA Moments:

1. Being awarded the MECOR Graduate Scholarship by American Thoracic Society's, 2013
2. Silver Sponsorship Award by European Respiratory Society, 2013.

2) What has been the impact of the FAIMER fellowship on your career?

It had a strong and positive effect on me. I understood Medical Teaching Technology better. This brought about changes in effective teaching, which is well appreciated by students and faculty.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

1. Will head the unit of Research, a field I passionately endorse.
2. Be an active participant in Medical Education Cell of the College. Will create modules for easy understanding of the subjects for UG and PG students. These modules will keep them motivated to learn.

4) Suggest one change you would like to see in medical education in India.

For students: Early clinical exposure a must for better understanding of the clinical application of knowledge gained in formative years of Medical Education.

For Faculty: Avenues for career progression.

5) Give a brief message to your fellow FAIMERians. □

Believe in yourself no matter what! Find something you are truly passionate about and pursue it like mad! Stay motivated and ever willing to be a student lifelong.

Life as a FAMERian is wonderful experience of a community living in harmony.

Let all of us put our hands together to achieve this.



Dr. Farzana Mahdi

GSMC FAIMER Fellow 2013

Director Academics,
Era's Lucknow Medical College
& Hospital, Lucknow.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal.

My professional journey has been full of challenges but it is very satisfying to see my dream of establishing a medical college coming true. One of my professional “AHA” moment was winning best poster award in International Conference of Medical Education ICME-2010, at Abu Dhabi UAE. Personally my “AHA” moment came when I was blessed with the birth of my son.

2) What has been the impact of the FAIMER fellowship on your career ?

Faimer has made me more aware and shown me a way to full fill my responsibility and provide quality medical education for training doctors who are competent, caring and sensitive.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

In the next 5-8 years I see myself motivating other medical colleges in country to take medical education more seriously by giving training to medical teachers who would help to implement competency based curriculum. GSMC Faimer Institute has taught me one important thing, which is to share learning and kindle the candle of knowledge all over country. I would like to be a lifelong learner.

4) Suggest one change you would like to see in medical education in India.

One change I would like to see in Medical Education in India is that Medical Council of India should assess the quality of Medical Education given to students by the Medical Colleges and not only look for infrastructure and number of faculty present in the college for giving permission/ approval for Medical Colleges.

5) Give a brief message to your fellow FAIMERians.

I would like to say dear fellow fairmerians that fly to newer heights to achieve your goals with the magical wings given by GSMC Faimer Institute.



Dr. Yashodhara B. M.

GSMC FAIMER Fellow 2013

Associate Professor,

Department of Medicine,

Melaka Manipal Medical College,

Melaka, Malaysia.

1) How has your professional journey been so far ? Highlight your “AHA” moments-both professional and personal.

The journey so far after joining GSMC FAIMER since June, 2013 has been fantastic and fabulous. I have made a great deal of progress in my professional and personal life. In personal life, changes have been subtle, invisible & intangible, yet are of profound nature as observed by others. The comments, I have received are that, now I am extremely patient, wise, mature & understanding; all leadership qualities. Professionally, wrote 5 papers in the last one year and all are accepted for publication (2 in BMJ). Also, I have gained a lot of knowledge in Medical education. I wish to thank my institution & senior management (Pro-VC, Dean, Deputy Deans, HOD), for giving me this opportunity to learn more in Medical Education and also thank colleagues, best friends and students for helping in my Project. I also thank all the wonderful faculty, Supe Sir, Nirmala Madam, Sucheta Madam, Batch 2012 & 2013 at FAIMER Mumbai for guiding us, so well.

2) What has been the impact of the FAIMER fellowship on your career?

I have understood the importance of Medical education as it adds tremendous value to my MBBS, MD, MRCP (UK) degrees, career and in my daily work; as a medical faculty and as a doctor. It helps me a lot and the people I work with.

3) Where do you see yourself in the next 5-8 years in your own profession and in medical education?

I wish to continue to do my best in my field, in subtle ways of profound outcome; which may be invisible & intangible.

4) Suggest one change you would like to see in medical education in India.

More pay for Medical faculty, improved facilities for teaching & learning in Medical Schools. More weightage & importance to be given to brilliant minds, as they alone could come up with brilliant solutions to prevailing issues.

5) Give a brief message to your fellow FAIMERians.

I wish to express gratitude to all who have contributed directly or indirectly to my progress in life and career. Keep it up.

GSMC FAIMER Fellow 2014



Dr. Haritha Kumari Nimmagadda
Assistant Professor, Dept of Anatomy
MGM Medical College, Navi Mumbai.



Dr. Kirti Patel
Professor, Dept. of Anesthesiology
Smt. N.H.L. Municipal Medi. College, Ahmedabad.



Prof. Mahesh Verma
Director - Principal,
Maulana Azad Institute of Dental Sciences,
New Delhi.



Dr. Mariya Prakash Jindani
Associate Professor, Dept of Physiotherapy
Seth G. S. Medical College & KEM Hospital,
Parel, Mumbai.



Dr. Naresh Nebhinani
Asstt. Professor in Department of Psychiatry,
AIIMS, Jodhpur, Rajasthan.



Dr. Nettem Sowmya
Assistant Professor,
Department of Periodontics at Faculty of Dentistry,
Melaka-Manipal Medical College, Malaysia.



Dr. Poonam R. Naik
Professor, Dept. of Community Medicine
Yenepoya Medical College, Mangalore,
Karnataka.



Dr. Priyadarshini
Assistant Professor, Dept of Physiology
Lokmanya Tilak Municipal Medical College,
Sion, Mumbai.

GSMC FAIMER Fellow 2014



Dr. Rahul Ramesh Bogam

Assistant Lecturer, Dept. of Community Medicine,
Bharati Vidyapeeth Medical College, Pune.



Dr. Sheila Mathai

Professor & Head, Dept. of Pediatrics,
Armed Forces Medical College, Pune.



Dr. Shobna Bhatia

Professor & Head, Dept. of Gastroenterology,
Seth G.S. Medical College & KEM Hospital,
Parel, Mumbai.



Dr. Subita P. Patil

Asst. Prof., Dept. of Community Medicine,
Lokmanya Tilak Municipal Medical College,
Sion, Mumbai.



Dr. Sushil G. Kachewar

Associate Professor,
Dept. of Radio-diagnosis Rural Medical College,
Pravara Institute of Medical Sciences(DU), Loni.



Dr. Tejal Patel

Asso. Prof., Dept. of Pharmacology & Therapeutics
Seth G. S. Medical College & KEM Hospital,
Parel, Mumbai.



Dr. Vishakha Shinde

Asst. Professor, Dept. of Physiotherapy
Lokmanya Tilak Municipal Medical College,
Sion, Mumbai.



Dr. Zachariah Bobby

Professor, Dept. of Biochemistry,
JIPMER, Puducherry.

GSMC FAIMER Fellow 2005



GSMC FAIMER Fellow 2006



GSMC FAIMER Fellow 2007



GSMC FAIMER Fellow 2008



GSMC FAIMER Fellow 2009



GSMC FAIMER Fellow 2010



GSMC FAIMER Fellow 2011



GSMC FAIMER Fellow 2012



GSMC FAIMER Fellow 2013



MEMORIES OF NCHPE 2013



MEMORIES OF NCHPE 2013





Years of Professional Development

GSMC FAIMER FACULTY

| | | |
|---------------|---------------|--|
| B.V. | Adkoli | All India Institute of Medical Sciences |
| Dr. | Anshu | Mahatma Gandhi Institute of Medical Sciences |
| Dinesh | Badyal | Christian Medical College, Ludhiana |
| Payal | Bansal | M.U.H.S |
| Bipin | Batra | National Board of Examinations |
| Sandeep | Bavdekar | Topiwalla National Medical College |
| Yuvaraj | Bhosale | Seth G.S. Medical College |
| Pritha | Bhuiyan | Seth G.S. Medical College |
| William P. | Burdick | FAIMER |
| Thomas | Chacko | PSG Institute of Medical Sciences and Research |
| Suresh | Chari | N.K.P.S. Institute of Medical Sciences & Research Centre |
| Sucheta | Dandekar | Seth G.S. Medical College |
| Chetna | Desai | B.J. Medical College, Ahmedabad |
| Deborah | Diserens | FAIMER |
| Stacey | Friedman | FAIMER |
| Vimal | Govindan | PSG Institute of Medical Sciences and Research |
| Janet | Grant | The Centre for Medical Education in Context (CenMEDIC) |
| Ralf Rundgren | Graves | FAIMER |
| Munira Abbas | Hirkani | Seth G.S. Medical College |
| Praveen | Iyer | Seth G.S. Medical College |
| Arun | Jamkar | M.U.H.S |
| Sujata | Kanhere | K.J. Somaiya Medical College |
| Priti | Kapadia-Gupta | Government Medical College, Surat |
| Ashwini | Karve | Topiwalla National Medical College |
| Mrunal | Ketkar | Bharati Vidyapeeth Medical College |
| Uday | Khopkar | Seth G.S. Medical College |
| Nilima | Kshirsagar | Seth G.S. Medical College |
| Savita | Marathe | M.U.H.S |
| Preeti | Mehta | Seth G.S. Medical College |
| Page S. | Morahan | FAIMER |
| Ajita | Nayak | Seth G.S. Medical College |
| Vinod | Pallath | Melaka Manipal Medical College, Manipal |
| Shubhangi | Parkar | Seth G.S. Medical College |
| Chandrakant | Patankar | Zuventus Healthcare |
| Varsha | Phadke | K.J. Somaiya Medical College |
| Satyaprakash | Rane | Seth G.S. Medical College |
| Nirmala | Rege | Seth G.S. Medical College |
| Vivek | Saoji | Bharati Vidyapeeth Medical College |
| Neena | Sawant | Seth G.S. Medical College |
| Henal | Shah | Topiwalla National Medical College |
| Chinmay | Shah | Government Medical College, Bhavnagar |
| K. | Shyam Kishore | Seth G.S. Medical College |
| Smita | Singh | Mahatma Gandhi Institute of Medical Sciences |
| Tejinder | Singh | Christian Medical College, Ludhiana |
| Rita | Sood | All India Institute of Medical Sciences |
| Vadlamannati | Srinivas | Armed Forces Medical College |
| Avinash | Supe | Seth G.S. Medical College |
| Milind S. | Tullu | Seth G.S. Medical College |
| Vishalakshi | Viswanath | Rajiv Gandhi Medical College |
| Rashmi | Vyas | Christian Medical College, Vellore |
| Ray | Wells | FAIMER |

FAIMER Family Song

*We are a Happy Family, the FAIMER Family
We are the FAIMER Family, a Happy Family*

*We just joined the family a week ago
& now its suddenly the time to go
How the time flew, we just didn't know!
You kept us so engrossed & on our toes!*

*We are a Happy Family, the FAIMER Family
We are the FAIMER Family, a Happy Family*

*We all were apprehensive about the whole show
And now we are all so reluctant to go
Credit for the magic goes to you all
Who lead us by our hands & ensured we don't fall!*

*We are a Happy Family, the FAIMER Family
We are the FAIMER Family, a Happy Family*

*Thank you FAIMER Faculty, Oh FAIMER Faculty
...Fellows 2009
We are the FAIMER Family, a Happy Family*